



# Pork Banh Mi Bowl

with pickled vegetables

NUTRITION per serving-Calories: 807, Carbohydrates: 85g, Fat: 34g, Protein: 38g, Sodium: 1381mg. Processed in a facility that also processes peanut, tree nut, wheat, egg, soy, milk, fish, and shellfish ingredients. \*Nutrition & allergen information varies based on menu selection and ingredient availability. Review protein and meal labels for updated information. Prep & Cook Time

Cook Within

Difficulty Level

Spice Level

20-30 min.

5 days Easy Mild

## Before you cook

Take a minute to read through the recipe before you start—we promise it will be time well spent!

• If using fresh produce, thoroughly rinse and pat dry

## **Customize It Instructions**

- If using 24 oz. ground pork, follow same instructions, working in batches if necessary.
- If using **ground turkey**, follow same instructions as ground pork in Step 4, breaking up meat until no pink remains and turkey reaches a minimum internal temperature of 165 degrees, 7-9 minutes.
- If using ground beef, follow same instructions as ground pork in Step 4, breaking up meat until no pink remains and beef reaches a minimum internal temperature of 160 degrees, 4-6 minutes.
- If using tofu, line a plate with a paper towel. Cut tofu into 1" dice and place on towel-lined plate. Top with paper towels, then press gently but firmly to remove excess moisture. Season all over with ¼ tsp. salt and a pinch of pepper. Follow same instructions as ground pork in Step 4, stirring occasionally until tofu is lightly browned. 5-7 minutes.

Minimum Internal Temperature

Steak 145° | Chicken 165° | Pork 145° | Salmon 145° | Shrimp 145°



#### Cook the Rice

- Bring a small pot with rice and 1 ½ cups water to a boil over medium-high heat.
- Reduce to a simmer, cover, and cook until tender, 18-20 minutes.
- Remove from burner and set aside covered.
- While rice cooks, prepare ingredients.



## Prepare the Ingredients

- Trim cucumber, halve lengthwise, and cut into ¼" half-moons on an anale.
- Stem and coarsely chop cilantro.



## Pickle the Vegetables

- Combine cucumber, matchstick carrots, and rice wine vinegar in a mixing bowl. Set aside, at least 10 minutes.
- While vegetables pickle, cook pork.



#### Cook the Pork

- Place a large non-stick pan over medium-high heat and add 1
  Tbsp. olive oil. Add ground pork, ginger, and seasoning blend
  to hot pan. Break up meat until browned and pork reaches a
  minimum internal temperature of 160 degrees, 5-7 minutes.
- Stir in teriyaki glaze and a pinch of pepper and stir occasionally until glaze is absorbed, 1-2 minutes.
- Remove from burner.



### Finish the Dish

 Plate dish as pictured on front of card, topping rice with pork and pickled vegetables. Garnish with cilantro. Bon appétit!