



In your box

28 oz. USDA Choice New York Strip
Steak (Serves 2)
32 oz. USDA Choice Boneless Ribeye
Steak (Serves 2)
12 oz. Sirloin Steaks



Premium Protein Pack

includes 2 ribeyes, 2 New York strips, and 2 sirloins

NUTRITION per serving—Calories: 418, Carbohydrates: 0g, Fat: 21g, Protein: 54g, Sodium: 151mg.
Processed in a facility that also processes peanut, tree nut, wheat, egg, soy, milk, fish, and shellfish ingredients.

*Nutrition & allergen information varies based on menu selection and ingredient availability. Review protein and meal labels for updated information.

Prep & Cook Time

10-20 min.

Cook Within

6 days

Difficulty Level

Easy

Spice Level

Not Spicy



Ribeye Instructions

- Pat **ribeye** dry. We recommend seasoning both sides with ¼ tsp. salt and a pinch of pepper.
- Use a large non-stick pan with 2 tsp. olive oil over medium-high heat and cook to a minimum internal temperature of 145 degrees, 4-6 minutes per side.
- Halve ribeye to serve.
- For grilling, follow same instructions, heating grill to medium heat and spraying with cooking spray.



NY Strip Steak Instructions

- Pat **NY strip steaks** dry. We recommend seasoning both sides with ¼ tsp. salt and a pinch of pepper.
- Use a large non-stick pan with 2 tsp. olive oil over medium heat and cook to a minimum internal temperature of 145 degrees, 9-11 minutes per side.
- Halve strip steak to serve.
- For grilling, follow same instructions, heating grill to medium heat and spraying with cooking spray.



Sirloin Instructions

- Pat **sirloin** dry. We recommend seasoning both sides with ¼ tsp. salt and a pinch of pepper.
- Use a large non-stick pan with 2 tsp. olive oil over medium-high heat and cook to a minimum internal temperature of 145 degrees, 5-7 minutes per side.
- For grilling, follow same instructions, heating grill to medium heat and spraying with cooking spray.