



## Make the Salad

• Thoroughly rinse any fresh produce and pat dry. Core tomato and cut into 1/2" dice. Place corn in a microwave-safe bowl and microwave until warm. 1-2 minutes. Toss spinach, tomato, poblano, corn, and cheese with dressing. Garnish with tortilla strips. Bon appétit!

## **Customize It Instructions**

- If using roasted chicken breast, remove from packaging and microwave until warm, 1-2 minutes. Add to salad and combine.
- If using flank steak, separate steak strips into a single layer, pat dry, and season with  $\frac{1}{4}$ tsp. salt and a pinch of pepper. Place a large non-stick pan over medium-high heat with 1 tsp. olive oil. Add steak to hot pan. Stir occasionally until no pink remains and steak reaches a minimum internal temperature of 145 degrees, 4-6 minutes.
- If using NY strip steak, pat dry and season both sides with 1/4 tsp. salt and a pinch of pepper. Place a medium non-stick pan over medium heat and add 2 tsp. olive oil. Add steak to hot pan, and cook until browned and steak reaches a minimum internal temperature of 145 degrees, 7-10 minutes per side. Slice into 1/4" strips and add to salad.



Entrée Salads

NUTRITION per serving-Calories: 447, Carbohydrates: 28g, Fat: 33g, Protein: 13g, Sodium: 655mg.

## Tomato and Poblano Salad with Chipotle Ranch and Crispy Tortillas

no cooking required and 5 minute prep

Prep & Cook Time 5-10 min.

Cook Within 5 days

Difficulty Level

Spice Level