



Italian Sausage and Creamy Sun-Dried Tomato Baked Orzo

with mozzarella

NUTRITION per serving-Calories: 803, Carbohydrates: 87g, Sugar: 16g, Fiber: 8g, Protein: 40g, Sodium: 1654mg, Fat: 34g, Saturated Fat: 13g Processed in a facility that also processes peanut, tree nut, wheat, egg, soy, milk, fish, and shellfish ingredients.

*Nutrition & allergen information varies based on menu selection and ingredient availability. Review protein and meal labels for updated information.

Prep & Cook Time

Cook Within

Difficulty Level **Easy**

Spice Level

40-50 min. 5 days

Not Spicy

Before you cook

All cook times are approximate based on testing.

Customize It Instructions

- If using Beyond sausage, follow same instructions as Italian sausage in Steps 2 and 3, breaking into small pieces and baking uncovered in hot oven until sausage is heated through, 30-35 minutes. Vegetarian sausage will not brown.
- If using diced chicken, pat dry. Follow same instructions as Italian sausage in Steps 2 and 3, baking uncovered in hot oven until chicken reaches minimum internal temperature, 30-35 minutes.
- If using **ground beef**, follow same instructions as Italian sausage in Steps 2 and 3, baking uncovered in hot oven until beef reaches minimum internal temperature, 30-35 minutes.
- If using **shrimp**, pat dry. Follow same instructions as Italian sausage in Steps 2 and 3, baking uncovered in hot oven until shrimp reaches minimum internal temperature, 25-30 minutes.



1. Prepare the Ingredients

- Preheat oven to 450 degrees. Thoroughly rinse fresh produce and pat dry.
- Combine orzo, marinara, 1 cup water, and a pinch of pepper in provided tray.



2. Add the Sausage

- Remove Italian sausage from casing, if necessary.
- Stir Italian sausage, red bell pepper, onion, and cream cheese into tray. Cream cheese will melt as it bakes. Top with mozzarella.



3. Bake the Dish

- Cover tray with foil. Bake covered in hot oven, 15 minutes.
- Carefully remove tray from oven. Remove foil. Bake again until **orzo** is tender and **sausage** reaches a minimum internal temperature of 160 degrees, 15-20 minutes.
- Carefully remove tray from oven. Top with pesto. Bon appétit!

