



Prep & Cook Time **5-10 min.** | Cook Within **7 days** | Difficulty Level **Easy** | Spice Level **Not Spicy**



Smoothie

Hawaii Five-O Smoothie

with pineapple and mango

In your box

6 fl. oz. Pineapple Juice
1 oz. Frozen Pineapple
4 oz. Frozen Mangoes
1 fl. oz. Honey
4 oz. Greek Yogurt

If using fresh produce, thoroughly rinse and pat dry

Blend the Ingredients

- Place all ingredients (add honey to taste) into blender with 2 cups ice. Blend until smooth, 3-4 minutes.
- Pour smoothie into two glasses and enjoy!

NUTRITION per serving Calories: 200, Carbohydrates: 38g, Fat: 3g, Protein: 5g, Sodium: 39mg.

CONTAINS milk

Nutrition & allergen information varies based on menu selection and ingredient availability. Review protein and meal labels for updated information. Processed in a facility that also processes peanut, tree nut, wheat, egg, soy, milk, fish, and shellfish ingredients.