



#### In your box

3 fl. oz. Creamy Roasted Sesame Dressing  
8 oz. Slaw Mix  
2 tsp. Asian Garlic and Ginger Seasoning  
¼ oz. Crispy Garlic  
½ oz. Crispy Rice Noodles  
1 fl. oz. Honey  
2 tsp. Multicolor Sesame Seeds

#### Customize It Options

12 oz. Ground Turkey  
10 oz. Antibiotic-Free Ground Beef  
10 oz. Ground Beef

\*Contains: milk, eggs, wheat, soy

#### You will need

Salt, Cooking Spray



Oven-Ready

## Honey Garlic Turkey Meatballs

with roasted sesame slaw and crispy rice noodles

NUTRITION per serving—Calories: 611, Carbohydrates: 34g, Fat: 53g, Protein: 36g, Sodium: 1368mg.

Processed in a facility that also processes peanut, tree nut, wheat, egg, soy, milk, fish, and shellfish ingredients.

\*Nutrition & allergen information varies based on menu selection and ingredient availability. Review protein and meal labels for updated information.

Prep & Cook Time

25-35 min.

Cook Within

5 days

Difficulty Level

Easy

Spice Level

Mild



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### Form the Meatballs

- Preheat oven to 425 degrees. Remove lid and label, if necessary. Reserve lid. When ingredient appears in recipe, remove from packaging. Thoroughly rinse any fresh produce and pat dry. Spray provided tray with **cooking spray**. Crush **crispy garlic**.
- Combine **turkey**, **seasoning blend**, crispy garlic, and ¼ tsp. **salt** in tray. Form turkey mixture into six evenly-sized meatballs. Space **meatballs** evenly in tray.
- *If using **ground beef**, follow same instructions.*



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### Bake the Meatballs

- Bake uncovered in hot oven until meatballs reach a minimum internal temperature of 165 degrees, 20-25 minutes.
- *If using **ground beef**, bake uncovered in hot oven until meatballs reach a minimum internal temperature of 160 degrees, 20-25 minutes.*



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### Finish the Dish

- Carefully remove from oven. Let rest, 5 minutes.
- While meatballs rest, combine **slaw mix** and **sesame dressing** on reserved lid. Top with **crispy noodles**.
- Drizzle meatballs with **honey** and roll to coat. Sprinkle with **sesame seeds**. Bon appétit!