



In your box

2 Ciabatta
½ oz. Baby Arugula
1 oz. Walnut Halves
6 oz. Ricotta
1 fl. oz. Honey

If using fresh produce, thoroughly rinse and pat dry

Make the Snack

- Halve **ciabatta** if necessary. Toast ciabatta halves in a toaster oven until warmed, 2-3 minutes.
- Carefully, spread **ricotta** evenly on halves. Top evenly with **walnuts**, a pinch of **salt**, **honey**, **arugula**, and 1 tsp. **olive oil**. Bon appétit!

Prep & Cook Time **5-10 min.** | Cook Within **5 days** | Difficulty Level **Easy** | Spice Level **Not Spicy**



Snappy Snacks

Ricotta and Walnut Toast

with honey and arugula

NUTRITION per serving Calories: 483, Carbohydrates: 62g, Fat: 15g, Protein: 24g, Sodium: 720mg.

CONTAINS milk, wheat, tree nuts (walnuts) *Nutrition & allergen information varies based on menu selection and ingredient availability. Review protein and meal labels for updated information. Processed in a facility that also processes peanut, tree nut, wheat, egg, soy, milk, fish, and shellfish ingredients.