



Mojito Lime Salad

no cooking required and 5 minute prep

NUTRITION per serving-Calories: 404, Carbohydrates: 20g, Sugar: 4g, Fiber: 6g, Protein: 10g, Sodium: 915mg, Fat: 32g, Saturated Fat: 8g Processed in a facility that also processes peanut, tree nut, wheat, egg, soy, milk, fish, and shellfish ingredients. *Nutrition & allergen information varies based on menu selection and ingredient availability. Review protein and meal labels for updated information.

Prep & Cook Time 5-10 min.

Cook Within 7 days

Difficulty Level

Spice Level

Easy

Before you cook

All cook times are approximate based on testing.

Customize It Instructions

- If using chicken breasts, pat dry and season both sides with a pinch of salt and pepper. Place a medium non-stick pan over medium heat and add 1 tsp. olive oil. Cook until chicken reaches minimum internal temperature, 5-7 minutes per side. Add to salad as desired.
- If using salmon fillets, pat dry, and season flesh side with a pinch of salt and pepper. Place a medium nonstick pan over medium heat and add 2 tsp. olive oil. Sear salmon, skin side up, until golden brown and salmon reaches minimum internal temperature, 4-6 minutes per side. Add to salad as desired.
- If using **filets mignon**, pat dry and season both sides with a pinch of salt and pepper. Place a medium non-stick pan over medium-high heat. Add 2 tsp. olive oil and cook until steaks reach minimum internal temperature, 4-6 minutes per side. Rest, 3 minutes. Add to salad as desired.
- If using sirloin, pat dry and season both sides with a pinch of salt and pepper. Place a medium non-stick pan over medium heat and add 2 tsp. olive oil. Add steaks to hot pan, and cook until browned and steaks reach minimum internal temperature, 4-6 minutes per side. Rest. 3 minutes. Add to salad as desired.



1. Make the Salad

• Thoroughly rinse any fresh produce and pat dry. Hold romaine hearts at root end and chop coarsely. Trim cucumbers and thinly slice into rounds. Toss romaine, cucumbers, seasoning blend (to taste), and roasted red peppers with dressing. Garnish with tortilla strips and queso fresco. Bon appétit!