



Culinary Collection

Mojito Lime Mahi-Mahi and Pineapple Salsa

with cilantro coconut risotto

Prep & Cook Time

Cook Within

Difficulty Level

Spice Level

NUTRITION per serving–Calories: 731, Carbohydrates: 81g, Fat: 29g, Protein: 41g, Sodium: 1440mg. Processed in a facility that also processes peanut, tree nut, wheat, egg, soy, milk, fish, and shellfish ingredients.

40-50 min.

5 days

Easy

Not Spicy

Pefore you cook

Take a minute to read through the recipe before you startwe promise it will be time well spent!

- ☐ If using fresh produce, thoroughly rinse and pat dry
- ☐ Bring 4 cups water to a boil in a medium pot
- ☐ Ingredient(s) used more than once: **cilantro**

Customize It Instructions

- If using wild-caught salmon, follow same instructions in Step 1 and Step 4, cooking over medium heat, skin-side up. until salmon reaches minimum internal temperature. 3-5 minutes per side.
- If using chicken breasts, keep whole. Pat dry and season with seasoning blend and Step 4, cooking over medium heat until chicken reaches minimum internal temperature, 5-7 minutes per side.
- If using **24 oz. mahi-mahi**, follow same instructions as regular mahi-mahi, seasoning with an extra pinch of salt

Minimum Internal Temperature

Steak 145° | Chicken 165° | Pork 145° | Salmon 145° | Shrimp 145°



Prepare the Ingredients

- Core tomato and cut into 1/4" dice.
- Mince cilantro (no need to stem).
- Pat pineapple dry, and cut into 1/4" dice.
- Stem jalapeño, halve, seed, remove ribs, and mince. Wash hands and cutting board after working with jalapeño.
- Pat mahi-mahi dry, and cut into six evenly-sized pieces. Season all over with seasoning blend.



Make the Salsa

- Place a large non-stick pan over medium-high heat. Add 1 tsp. olive oil, jalapeño (to taste), and pineapple to hot pan. Stir occasionally until pineapple begins to char, 3-4 minutes.
- Add tomatoes and 1/4 tsp. salt and stir constantly, 30 seconds.
- Transfer salsa to a mixing bowl and stir in a pinch of **cilantro** (reserve remaining for risotto).
- Wipe pan clean and reserve.



Make the Risotto

- Place another medium pot over medium-high heat. Add rice to hot, dry pot and toast, 30 seconds.
- Add ¾ cup boiling water from other pot and mirepoix base to rice. Stir constantly until water is almost completely absorbed, 3-4 minutes.
- Add another 3/4 cup boiling water and stir occasionally until mostly absorbed, 3-4 minutes.
- Add ½ cup boiling water and **coconut milk**. Bring to a simmer. Once simmering, stir occasionally until rice is tender and risotto has thickened slightly, 8-10 minutes.
- Remove from burner. Stir in remaining cilantro and 1/4 tsp. salt. Cover and set aside.



Cook the Mahi-Mahi

- Return pan used to cook salsa to medium-high heat and add 2 tsp. olive oil.
- Working in batches if necessary, add mahi-mahi to hot pan. Cook until mahi-mahi reaches a minimum internal temperature of 145 degrees, 2-3 minutes per side.
- Remove from burner



Finish the Dish

• Plate dish as pictured on front of card, topping mahi-mahi with salsa and garnishing meal with toasted coconut. Bon appétit!

