



Prep & Cook Time 5-10 min. | Cook Within 5 days | Difficulty Level Easy | Spice Level Mild



Creamy Italian Spinach and Arugula Chicken Salad

no cooking required and 5 minute prep

In your box

5 oz. Power 4 Salad Blend
12 oz. Roasted Chicken Breast
4 oz. Grape Tomatoes
2 oz. Sliced Banana Peppers
2 fl. oz. Creamy Italian Dressing
1 oz. Shredded Asiago Cheese
½ oz. Sliced Almonds

If using fresh produce or fruit, thoroughly rinse and pat dry

Make the Salad

- Thoroughly rinse produce and pat dry.
- Halve **tomatoes**.
- Remove **chicken** from packaging and place in a bowl. Microwave until warm, 1-2 minutes.
- Place **power salad blend**, chicken, tomatoes, and **banana peppers** in a bowl and toss with **dressing**. Garnish with **cheese** and **almonds**. Bon appétit!

NUTRITION per serving Calories: 521, Carbohydrates: 18g, Fat: 29g, Protein: 36g, Sodium: 1361mg.

CONTAINS milk, eggs, tree nuts (almonds)

Processed in a facility that also processes peanut, tree nut, wheat, egg, soy, milk, fish, and shellfish ingredients.

*Nutrition & allergen information may vary by protein. Please review protein and meal labels for details.