



Prep & Cook Time 5-10 min. | Cook Within 7 days | Difficulty Level Easy | Spice Level Not Spicy



Hawaiian Paradise Smoothie

with mangoes, pineapple juice, orange and banana

In your box

10 oz. Frozen Mangoes
1 fl. oz. Banana Puree
6 fl. oz. Pineapple Juice
1 Navel Orange

Blend the Smoothie

- Peel **orange** and separate into sections.
- Place **all ingredients** in a blender and blend, 3-4 minutes.
- Add 2 cups **ice** and blend until smooth, 3-4 minutes.
- Pour into two glasses and enjoy!

NUTRITION per serving Calories: 231, Carbohydrates: 58g, Fat: 0g, Protein: 1g, Sodium: 6mg.

CONTAINS

Processed in a facility that also processes peanut, tree nut, wheat, egg, soy, milk, fish, and shellfish ingredients.