



In your box

- 6 fl. oz. Pineapple Juice
- 1 fl. oz. Banana Puree
- 10 oz. Frozen Mangoes
- 1 Navel Orange

If using fresh produce, thoroughly rinse and pat dry

Blend the Smoothie

- Peel **orange** and separate into sections.
- Place **all ingredients** in a blender and blend, 3-4 minutes.
- Add 2 cups **ice** and blend until smooth, 3-4 minutes.
- Pour into two glasses and enjoy!

Prep & Cook Time **5-10 min.** | Cook Within **7 days** | Difficulty Level **Easy** | Spice Level **Not Spicy**



Smoothie

Hawaiian Paradise Smoothie

with mangoes, pineapple juice, orange and banana

NUTRITION per serving Calories: 231, Carbohydrates: 58g, Fat: 0g, Protein: 1g, Sodium: 6mg.

CONTAINS *Nutrition & allergen information varies based on menu selection and ingredient availability. Review protein and meal labels for updated information.

Processed in a facility that also processes peanut, tree nut, wheat, egg, soy, milk, fish, and shellfish ingredients.