



Prep & Cook Time 5-10 min. | Cook Within 7 days | Difficulty Level Easy | Spice Level Not Spicy



## Strawb-a-Rita Smoothie

with Greek yogurt and pineapple

### In your box

- 3 oz. Frozen Pineapple
- 1 Lime
- 4 oz. Greek Yogurt
- 5 oz. Frozen Sliced Strawberries

### Blend the Smoothie

- Halve **lime** and cut two rounds for garnish. Juice remaining lime.
- Place all ingredients (except lime rounds) in a blender with 2 cups **ice**. Blend until smooth, 3-4 minutes.
- Pour smoothie into two glasses and garnish with lime rounds. Enjoy!

**NUTRITION** per serving Calories: 103, Carbohydrates: 16g, Fat: 3g, Protein: 5g, Sodium: 34mg.

CONTAINS milk

Processed in a facility that also processes peanut, tree nut, wheat, egg, soy, milk, fish, and shellfish ingredients.