



Prep & Cook Time **5-10 min.** | Cook Within **7 days** | Difficulty Level **Easy** | Spice Level **Not Spicy**



Smoothie

Blueberry Passion Fruit Smoothie

with pineapple

In your box

3 fl. oz. Passion Fruit Puree
4 oz. Frozen Pineapple
6 oz. Frozen Blueberries
8 fl. oz. Whole Milk

If using fresh produce, thoroughly rinse and pat dry

Make the Smoothie

- Place **all ingredients** in a blender and blend, 3-4 minutes.
- Add 2 cups **ice** and blend until smooth, 3-4 minutes.
- Pour into two glasses and enjoy!

NUTRITION per serving Calories: 311, Carbohydrates: 64g, Fat: 5g, Protein: 5g, Sodium: 121mg.

CONTAINS milk *Nutrition & allergen information varies based on menu selection and ingredient availability. Review protein and meal labels for updated information.

Processed in a facility that also processes peanut, tree nut, wheat, egg, soy, milk, fish, and shellfish ingredients.