



Prep & Cook Time **5-10 min.** | Cook Within **5 days** | Difficulty Level **Easy** | Spice Level **Mild**



5 Minute Lunch

## Buffalo Chicken Pasta Salad

no cooking required

### In your box

- 1 oz. Blue Cheese
- 3 tsp. Frank's RedHot Sauce
- 8 oz. Cooked Penne Pasta
- 6 oz. Roasted Chicken Breast
- 3 oz. Matchstick Carrots
- ½ oz. Baby Arugula
- 3 oz. Ranch Dressing

### Make the Pasta Salad

- Thoroughly rinse produce and pat dry.
- Microwave **penne** until warm, 1-2 minutes.
- Microwave **chicken** until warm, 2-3 minutes. Toss with **hot sauce** (to taste) to evenly coat.
- Toss penne with **ranch**, **carrots**, chicken, and **arugula**. Garnish with **blue cheese**. Bon appétit!

**NUTRITION** per serving Calories: 542, Carbohydrates: 46g, Fat: 30g, Protein: 27g, Sodium: 1273mg.

CONTAINS milk, eggs, wheat, soy

Processed in a facility that also processes peanut, tree nut, wheat, egg, soy, milk, fish, and shellfish ingredients.