



Prep & Cook Time 5-10 min. | Cook Within 7 days | Difficulty Level Easy | Spice Level Not Spicy



## Smoothie Operator

with berries and almond milk

### In your box

2 fl. oz. Banana Puree  
2 oz. Frozen Raspberries  
4 oz. Frozen Blueberries  
8 fl. oz. Vanilla Almond Milk

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### Make the Smoothie

- Place **all ingredients** and  $\frac{1}{2}$  cup **water** in a blender and blend, 3-4 minutes.
- Add 2 cups **ice** and blend until smooth, 3-4 minutes.
- Pour into two glasses and enjoy!

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**NUTRITION** per serving Calories: 198, Carbohydrates: 44g, Fat: 2g, Protein: 1g, Sodium: 76mg.

**CONTAINS** tree nuts (almonds)

Processed in a facility that also processes peanut, tree nut, wheat, egg, soy, milk, fish, and shellfish ingredients.