



In your box

6 oz. Frozen Sliced Strawberries
2 fl. oz. Banana Puree
4 fl. oz. Whole Milk
4 oz. Greek Yogurt

Blend the Smoothie

- Place **all ingredients** in a blender and blend, 1-2 minutes.
- Add 2 cups ice and blend until smooth, 1-2 minutes.
- Pour into two glasses and enjoy!

Prep & Cook Time **5-10 min.** | Cook Within **7 days** | Difficulty Level **Easy** | Spice Level **Not Spicy**



Strawberry Banana Smoothie

with Greek yogurt

NUTRITION per serving Calories: 230, Carbohydrates: 38g, Fat: 5g, Protein: 6g, Sodium: 64mg.

CONTAINS milk

Processed in a facility that also processes peanut, tree nut, wheat, egg, soy, milk, fish, and shellfish ingredients.