



Prep & Cook Time **5-10 min.** | Cook Within **5 days** | Difficulty Level **Easy** | Spice Level **Not Spicy**



5 Minute Lunch

## Japanese Chicken Grain Bowl

no cooking required

### In your box

8 oz. Pre-Cooked Brown Rice  
3 fl. oz. Asian Sesame Dressing  
3 oz. Matchstick Carrots  
6 oz. Roasted Chicken Breast  
1 oz. Wonton Strips  
2 oz. Baby Spinach  
1 fl. oz. Teriyaki Glaze

### Make the Grain Bowl

- Thoroughly rinse produce and pat dry.
- Mix **brown rice** with 1 Tbsp. **water** in a microwave safe bowl. Cover with a damp paper towel. Microwave until warm, 2 minutes, stirring once halfway through.
- Separately, combine **roasted chicken** and **teriyaki glaze** and microwave until warm, 1-2 minutes.
- Toss **spinach**, **matchstick carrot**, and **rice** with **dressing**. Top with chicken and **wonton strips**. Bon appétit!

NUTRITION per serving Calories: 602, Carbohydrates: 71g,  
Fat: 26g, Protein: 25g, Sodium: 1729mg.  
CONTAINS wheat, soy

Processed in a facility that also processes peanut, tree nut, wheat, egg, soy, milk, fish, and shellfish ingredients.