



Creamy Parmesan Linguine

with crispy onions and ricotta

NUTRITION per serving—Calories: 698, Carbohydrates: 77g, Fat: 31g, Protein: 30g, Sodium: 1161mg.

Processed in a facility that also processes peanut, tree nut, wheat, egg, soy, milk, fish, and shellfish ingredients

*Nutrition & allergen information may vary by protein. Please review protein and meal labels for details.

Prep & Cook Time 25-35 min.

Cook Within 7 days

Spice Level 🖾 🚨 🗓

Intermediate

(i) You will need

Olive Oil, Salt, Pepper Medium Pot, Colander, Large Non-Stick Pan

Before you cook

Take a minute to read through the recipe before you start-we promise it will be time well spent!

- ☐ Bring 8 cups water and 2 tsp. salt to a boil in a medium pot
- ☐ Thoroughly rinse produce and pat dry



Cook the Pasta

- Add pasta to boiling water and cook until al dente, 10-12
- Reserve ½ cup **pasta cooking water**. Drain pasta in a colander Set aside
- While pasta cooks, prepare ingredients.



Cook the Vegetables

- Place a large non-stick pan over medium-high heat and add 2 tsp. olive oil.
- Add mushrooms and 1/4 tsp. salt to hot pan and stir occasionally until lightly browned, 4-5 minutes.
- Add garlic and tomatoes and stir occasionally until tomatoes are blistered. 1-2 minutes.



Make the Sauce

- Add white wine to pan and cook until liquid is almost completely evaporated, 30-60 seconds.
- Add reserved pasta cooking water and cream. Bring to a simmer. Once simmering, stir occasionally until slightly thickened. 2-3 minutes.
- Stir in Parmesan, ¼ tsp. salt, and a pinch of pepper. Stir occasionally until incorporated, 1-2 minutes.
- Remove from burner.



Prepare the Ingredients

- Cut mushrooms into ¼" slices.
- Mince garlic.
- Halve tomatoes.
- Meat lovers! Cook protein before vegetables; feel free to use same pan, no need to wipe clean. If using chicken, pat dry and, on a separate cutting board, cut into 1" dice. Season all over with ¼ tsp. salt and a pinch of pepper. Stir occasionally with 2 tsp. olive oil in a large non-stick pan over medium-high heat until chicken reaches a minimum internal temperature of 165 degrees, 5-7 minutes. If using **shrimp**, pat dry. Cook with 2 tsp. olive oil in a large non-stick pan over medium-high heat until shrimp reach a minimum internal temperature of 145 degrees, 2-3 minutes per side. If using **steak** strips, separate into a single layer and pat dry. Season all over with a pinch of salt and pepper. Stir occasionally with 1 tsp. olive oil in a large non-stick pan over medium-high heat until no pink remains, 4-6 minutes. Stir cooked meats into sauce with pasta.



Finish the Dish

- Stir pasta into sauce.
- Plate dish as pictured on front of card, garnishing with crispy onions and ricotta. Bon appétit!