



Prep & Cook Time **5-10 min.** | Cook Within **5 days** | Difficulty Level **Easy** | Spice Level **Not Spicy**



5 Minute Lunch

Balsamic Chicken and Apple Salad

no cooking required

In your box

.48 oz. Asiago Cheese Crisps
1 fl. oz. Balsamic Glaze
1 oz. Walnut Halves
5 oz. Baby Spinach
1 Fuji Apple
6 oz. Roasted Chicken Breast
3 oz. Balsamic Vinaigrette

Make the Salad

- Thoroughly rinse produce and pat dry.
- Quarter **apple** and remove core. Thinly slice.
- Microwave **chicken** until warm, 1-2 minutes.
- Toss chicken, apple, and **spinach** with **dressing**. Crush **Asiago crisps** and **walnuts** and sprinkle both over salad. Drizzle with **balsamic glaze**. Bon appétit!

NUTRITION per serving Calories: 440, Carbohydrates: 31g,
Fat: 27g, Protein: 24g, Sodium: 1071mg.
CONTAINS milk, tree nuts (walnuts)

Processed in a facility that also processes peanut, tree nut, wheat, egg, soy, milk, fish, and shellfish ingredients.