Prep & Cook Time 5-10 min. | Cook Within 5 days | Difficulty Level Easy | Spice Level Not Spicy

HOME CHEF

5 Minute Lunch

Balsamic Chicken and Apple Salad

no cooking required

In your box

1 oz. Balsamic Glaze
1 Fuji Apple
1 oz. Walnut Halves
5 oz. Baby Spinach
.48 oz. Asiago Cheese Crisps
3 oz. Balsamic Vinaigrette
6 oz. Roasted Chicken Breast

Make the Salad

- Thoroughly rinse produce and pat dry.
- Quarter **apple** and remove core. Thinly slice.
- Microwave **chicken** until warm, 1-2 minutes.
- Toss chicken, apple, and **spinach** with **dressing**. Crush **Asiago crisps** and **walnuts** and sprinkle both over salad. Drizzle with **balsamic glaze**. Bon appétit!

NUTRITION per serving Calories: 429, Carbohydrates: 25g, Fat: 27g, Protein: 24g, Sodium: 1072mg.

CONTAINS milk, tree nuts (walnuts)

Processed in a facility that also processes peanut, tree nut, wheat, egg, soy, milk, fish, and shellfish ingredients.