In your box
1 Tbsp. Chopped Ginger
8 oz. Frozen Mangoes
1 fl. oz. Honey
5.4 fl. oz. Coconut Milk
1 Navel Orange

Blend the Smoothie
• Peel orange and separate into sections.
• Place all ingredients in a blender. Blend until smooth.
• Add 2 cups ice and blend until smooth, 3-4 minutes.
• Pour into two glasses and enjoy!

Mango Ginger Smoothie
with coconut milk

Prep & Cook Time 5-10 min. | Cook Within 7 days | Difficulty Level Easy | Spice Level Not Spicy

NUTRITION per serving Calories: 314, Carbohydrates: 43g, Fat: 17g, Protein: 2g, Sodium: 11mg.
CONTAINS tree nuts (coconuts)
Processed in a facility that also processes peanut, tree nut, wheat, egg, soy, milk, fish, and shellfish ingredients.