



Prep & Cook Time 5-10 min. | Cook Within 5 days | Difficulty Level Easy | Spice Level Mild



5 Minute Lunch

Hawaiian Chicken Grain Bowl

no cooking required

In your box

8 oz. Cooked Brown Rice
6 oz. Roasted Chicken Breast
4 oz. Slaw Mix
4 oz. Pineapple Chunks
3 fl. oz. Asian Sesame Dressing
½ oz. Crispy Jalapeños

Make the Grain Bowl

- Thoroughly rinse produce and pat dry.
- *For best results, pierce brown rice bag a few times with a knife, then break up rice inside the bag.* Mix **brown rice** with 1 Tbsp. **water** in a microwave safe bowl. Cover with a damp paper towel. Microwave until warm, 2 minutes, stirring once halfway through.
- Microwave **roasted chicken** until warm, 1-2 minutes.
- Place brown rice, roasted chicken, **slaw mix**, and **pineapple chunks** in a bowl and toss with **dressing**. Garnish with **crispy jalapeños** (to taste). Bon appétit!

NUTRITION per serving Calories: 562, Carbohydrates: 68g, Fat: 24g, Protein: 23g, Sodium: 1199mg.

CONTAINS wheat, soy

Processed in a facility that also processes peanut, tree nut, wheat, egg, soy, milk, fish, and shellfish ingredients.