5 Minute Lunch

Hawaiian Chicken Grain Bowl

no cooking required

In your box
8 oz. Cooked Brown Rice
6 oz. Roasted Chicken Breast
4 oz. Slaw Mix
4 oz. Pineapple Chunks
3 fl. oz. Asian Sesame Dressing
½ oz. Crispy Jalapeños

Make the Grain Bowl
• Thoroughly rinse produce and pat dry.
• For best results, pierce brown rice bag a few times with a knife, then break up rice inside the bag. Mix brown rice with 1 Tbsp. water in a microwave safe bowl. Cover with a damp paper towel. Microwave until warm, 2 minutes, stirring once halfway through.
• Microwave roasted chicken until warm, 1-2 minutes.
• Place brown rice, roasted chicken, slaw mix, and pineapple chunks in a bowl and toss with dressing. Garnish with crispy jalapeños (to taste). Bon appétit!

NUTRITION per serving Calories: 562, Carbohydrates: 68g, Fat: 24g, Protein: 23g, Sodium: 1199mg.
CONTAINS wheat, soy.
Processed in a facility that also processes peanut, tree nut, wheat, egg, soy, milk, fish, and shellfish ingredients.