



#### In your box

- 2 oz. Macadamia Nuts
- 2 Tbsp. Sweetened Flaked Coconut
- ½ oz. Light Brown Sugar
- 2 cup Pancake Mix
- 6 Pineapple Rings
- 6 Maraschino Cherries
- 12 fl. oz. Passionfruit Sparkling Water
- 6 fl. oz. Pineapple Juice
- 4 fl. oz. Orange Juice
- 2.8 fl. oz. Breakfast Syrup



MOTHER'S DAY SPECIAL

## Pineapple Upside-Down Pancakes

with orange and pineapple Mom-osa

NUTRITION per serving—Calories: 918, Carbohydrates: 146g, Fat: 11g, Protein: 10g, Sodium: 1065mg.  
Processed in a facility that also processes peanut, tree nut, wheat, egg, soy, milk, fish, and shellfish ingredients

Prep & Cook Time  
**25-35 min.**

Cook Within  
**7 days**

Difficulty Level ● ● ● ● ●  
**Easy**

Spice Level ● ● ● ● ●  
**Not Spicy**

## 🕒 You will need

Cooking Spray

Baking Sheet, Large Non-Stick Pan, 2 Mixing Bowls

## 👑 Before you cook

Take a minute to read through the recipe before you start—we promise it will be time well spent!

- Preheat oven to **400 degrees**
- Prepare a baking sheet with foil and cooking spray



1

### Toast the Nuts and Coconut

- Add **macadamia nuts** to a large non-stick pan and place over medium heat. Stir constantly until lightly browned, 1-2 minutes.
- Add **coconut** and **brown sugar** and stir constantly until coconut is lightly browned, 1-2 minutes.
- Immediately, remove to a plate.
- Wipe pan clean and reserve.



2

### Make the Pancake Batter

- In a mixing bowl, combine **pancake mix** and 1¼ cups **water**. Stir together until batter falls off spoon in thin ribbons.
- *If necessary, add additional water 1 Tbsp. at a time to adjust the consistency.*



3

### Make the Pancakes

- Drain **pineapple rings**.
- Return pan used toast nuts to medium heat. Working in batches, coat pan with **cooking spray** and add two heaping ¼ cups **pancake batter** to hot pan. Cook until bubbles appear on the surface and bottom is golden brown, 1-2 minutes.
- Place a pineapple ring and **cherry** on top of each pancake.
- Flip, and cook until golden brown and fluffy, 1-2 minutes.
- Remove to prepared baking sheet. Repeat twice to make six pancakes total, respraying with cooking spray. *You will have about ¼ pancake batter left over.*



4

### Finish the Pancakes

- Bake **pancakes** in hot oven until hot and fully cooked through, 3-5 minutes.
- While pancakes finish, make mom-osa.



5

### Make the Mom-osa

- In a mixing bowl or pitcher, combine **sparkling water**, **pineapple juice**, and **orange juice**. Serve over ice.
- Plate dish as pictured on front of card, garnishing **pancakes** with **macadamia nuts** and **coconut** and serving **syrup** on the side. Bon appétit!