



Prep & Cook Time **5-10 min.** | Cook Within **5 days** | Difficulty Level **Easy** | Spice Level **Not Spicy**



5 MINUTE LUNCHES

Peanut Chicken Brown Rice Bowl

no cooking required

In your box

6 oz. Pre-Cooked Brown Rice
6 oz. Roasted Chicken Breast
5 oz. Edamame
4 oz. Slaw Mix
1 oz. Roasted Peanuts
3 fl. oz. Asian Sesame Dressing

Make the Bowl

- Thoroughly rinse produce and pat dry.
- Warm **rice** and **chicken** in a microwave, 1-2 minutes.
- Rinse **edamame** under cold water, if frozen.
- Place rice, chicken, edamame, **slaw mix**, and **peanuts** in a bowl and toss with **dressing**. Bon appétit!

NUTRITION per serving Calories: 613, Carbohydrates: 58g,
Fat: 30g, Protein: 34g, Sodium: 1117mg.
CONTAINS wheat, peanuts, soy

Processed in a facility that also processes peanut, tree nut, wheat, egg, soy, milk, fish, and shellfish ingredients.