



Prep & Cook Time **5-10 min.** | Cook Within **7 days** | Difficulty Level **Easy** | Spice Level **Not Spicy**



5 MINUTE LUNCHES

Tuscan Chicken Salad

no cooking required

In your box

15 oz. Cannellini Beans
6 oz. Roasted Chicken Breast
4 oz. Baby Arugula
1 oz. Julienned Sun-Dried Tomatoes
3 fl. oz. Parmesan Peppercorn Dressing

Make the Salad

- Thoroughly rinse produce and pat dry.
- Drain and rinse **beans**.
- Place beans, **roasted chicken**, **arugula**, and **sun-dried tomatoes** in a bowl and toss with **dressing**. Bon appétit!

NUTRITION per serving Calories: 541, Carbohydrates: 46g,
Fat: 28g, Protein: 34g, Sodium: 1163mg.
CONTAINS milk, eggs, soy

Processed in a facility that also processes peanut, tree nut, wheat, egg, soy, milk, fish, and shellfish ingredients.