



Customer Favorite

Chicken Empanada Bowl

with cilantro chimichurri

Prep & Cook Time 25-35 min.

Cook Within

Difficulty Level 🌘 🗓 🔘

Spice Level 🌑 🛍 🗯

NUTRITION per serving-Calories: 823, Carbohydrates: 82g, Fat: 29g, Protein: 52g, Sodium: 1299mg.

You will need

Olive Oil, Pepper Medium Pan, Small Pot, Mixing Bowl

Before you cook

Take a minute to read through the recipe before you start-we promise it will be time well spent!

- ☐ Thoroughly rinse produce and pat dry
- ☐ Ingredient(s) used more than once: cilantro



Cook the Rice

- Bring a small pot with rice and 1½ cups water to a boil. Reduce to a simmer, cover, and cook until tender, 18-20 minutes
- Remove from burner and stir in 1 tsp. cilantro (prepared while rice cooks; reserve remaining for chimichurri). Cover and set aside.
- While rice cooks, cook chicken.



Cook the Chicken

- Pat chicken breasts dry. Place a medium pan over medium heat and add 2 tsp. olive oil. Add chicken to hot pan. Cook on one side until lightly browned, 3-4 minutes.
- Flip chicken, and stir in tomato sauce, taco seasoning, and 1/4 cup water. Cook until chicken reaches a minimum internal temperature of 165 degrees, 8-10 minutes.
- Remove from burner. Rest chicken 3 minutes, then shred in pan.
- If using ground pork, stir occasionally until no pink remains, 5-7 minutes. If using flank steak, stir occasionally until no pink remains, 4-6 minutes. For both, then add seasoning, tomato sauce, and ¼ cup water and bring to a boil. Once boiling, remove from burner.
- While chicken cooks, prepare ingredients.



Prepare the Ingredients

- Mince cilantro (no need to stem).
- Halve lime. Juice one half and cut other half into quarters.
- Stem jalapeño, halve, seed, remove ribs, and mince. Be sure to wash hands and cutting board after working with jalapeño.



Make the Chimichurri

• Combine jalapeño (to taste), remaining cilantro, 1 Tbsp. olive oil, 2 tsp. lime juice, and a pinch of pepper in a mixing bowl. Set aside.



Finish the Dish

• Plate dish as pictured on front of card, topping rice with chimichurri, chicken, cheese, tortilla strips, and sour cream. Squeeze lime wedges over meal if desired. Bon appétit!