



Prep & Cook Time **5-10 min.** | Cook Within **5 days** | Difficulty Level **Easy** | Spice Level **Medium**



5 Minute Lunch

## Chipotle Ranch Chicken Salad

no cooking required

### In your box

- 3 oz. Corn Kernels
- 2 Romaine Hearts
- 6 oz. Roasted Chicken Breast
- 1 oz. Grated Parmesan
- 3 oz. Chipotle Ranch Dressing
- ½ oz. Crispy Jalapeños

### Prepare the Salad

- Thoroughly rinse produce and pat dry.
- Rinse **corn** under warm water if still frozen.
- Cut or tear **romaine lettuce**.
- Microwave **chicken** until warmed, 1-2 minutes.
- Place corn, romaine lettuce, chicken, and **Parmesan** in a bowl and toss with **dressing**. Garnish tossed salad with **crispy jalapeños** (to taste). Bon appétit!

NUTRITION per serving Calories: 448, Carbohydrates: 22g, Fat: 32g, Protein: 28g, Sodium: 1103mg.  
CONTAINS milk, eggs, wheat

Processed in a facility that also processes peanut, tree nut, wheat, egg, soy, milk, fish, and shellfish ingredients.