



In your box

6 oz. Roasted Chicken Breast
½ oz. Crispy Jalapeños
3 oz. Chipotle Ranch Dressing
5 oz. Corn Kernels
2 Romaine Hearts
1 oz. Grated Parmesan

If using fresh produce, thoroughly rinse and pat dry

Prepare the Salad

- Thoroughly rinse produce and pat dry.
- Cut or tear **romaine lettuce**.
- Place **chicken** and **corn** in a microwave-safe bowl. Microwave until warm, 1-2 minutes.
- Place romaine lettuce, chicken, corn, and **cheese** in a bowl and toss with **dressing**. Garnish tossed salad with **crispy jalapeños** (to taste). Bon appétit!

Prep & Cook Time 5-10 min. | Cook Within 5 days | Difficulty Level Easy | Spice Level Mild



5 Minute Lunch

Chipotle Ranch Chicken Salad

no cooking required

NUTRITION per serving Calories: 493, Carbohydrates: 26g, Fat: 32g, Protein: 24g, Sodium: 1034mg.

CONTAINS milk, eggs, wheat

Processed in a facility that also processes peanut, tree nut, wheat, egg, soy, milk, fish, and shellfish ingredients.