



Prep & Cook Time **5-10 min.** | Cook Within **5 days** | Difficulty Level **Easy** | Spice Level **Not Spicy**



5 Minute Lunch

Pear Almond Chicken Salad

no cooking required

In your box

- 1 Bosc Pear
- 3 oz. Roasted Red Peppers
- 5 oz. Baby Spinach
- 1 oz. Shaved Parmesan
- ½ oz. Sliced Almonds
- 6 oz. Roasted Chicken Breast
- 3 oz. Golden Italian Dressing

Prepare the Salad

- Thoroughly rinse produce and pat dry.
- Microwave **roasted chicken** until warmed, 1-2 minutes.
- Quarter **pear**, core, and thinly slice.
- Drain **roasted red peppers**.
- Place pear, roasted red peppers, **spinach**, **Parmesan**, **almonds**, and roasted chicken in a bowl and toss with **dressing**. Bon appétit!

NUTRITION per serving Calories: 405, Carbohydrates: 27g,
Fat: 24g, Protein: 26g, Sodium: 1013mg.
CONTAINS milk, soy, tree nuts (almonds)

Processed in a facility that also processes peanut, tree nut, wheat, egg, soy, milk, fish, and shellfish ingredients.