5 Minute Lunch

Apple & Chicken Salad
no cooking required

In your box

1 Fuji Apple
2 oz. Goat Cheese
5 oz. Baby Spinach
6 oz. Roasted Chicken Breast
½ oz. Sliced Almonds
3 fl. oz. Parmesan Peppercorn Dressing

Make the Salad

• Thoroughly rinse produce and pat dry.
• Microwave roasted chicken until warm, 1-2 minutes.
• Quarter apple and remove core. Cut into thin slices.
• Crumble goat cheese if needed.
• Place apple, spinach, roasted chicken, goat cheese, and almonds in a bowl and toss with dressing. Bon appétit!

NUTRITION per serving Calories: 507, Carbohydrates: 23g, Fat: 37g, Protein: 27g, Sodium: 1050mg.
CONTAINS milk, eggs, soy, tree nuts (almonds)

Processed in a facility that also processes peanut, tree nut, wheat, egg, soy, milk, fish, and shellfish ingredients.