Smoothie (Blender Required)

Blueberry Apricot Smoothie
with Greek yogurt

NUTRITION per serving–Calories: 215, Carbohydrates: 40g, Fat: 5g, Protein: 5g, Sodium: 96mg.
Processed in a facility that also processes peanut, tree nut, wheat, egg, soy, milk, fish, and shellfish ingredients

Prep & Cook Time | 5-10 min.
Cook Within | 7 days
Difficulty Level | Easy
Spice Level | Not Spicy

CONTAINS milk, tree nuts (almonds)

In your box
10 oz. Frozen Blueberries
8 fl. oz. Vanilla Almond Milk
4 oz. Greek Yogurt
1 ½ oz. Apricot Preserves

CONTAINS milk, tree nuts (almonds)
Blender the Smoothie

1. Place all ingredients in a blender and blend until smooth.
2. Add 2 cups ice. Blend on high until smooth, 3-4 minutes.

Drink Up!

3. Pour smoothie into two glasses and enjoy!