**Blue Hawaii Smoothie**

with blueberries and pineapple

**In your box**

- 6 oz. Frozen Pineapple
- 4 oz. Frozen Blueberries
- 6 fl. oz. Pineapple Juice
- 4 oz. Greek Yogurt
- 1 fl. oz. Honey

**Blend the Smoothie**

- Place all ingredients in a blender and blend, 3-4 minutes.
- Add 2 cups ice and blend on high until smooth, 3-4 minutes.
- Pour smoothie into two glasses and enjoy!

**NUTRITION** per serving

- Calories: 221, Carbohydrates: 43g, Fat: 3g, Protein: 5g, Sodium: 38mg.

**CONTAINS** milk

Processed in a facility that also processes peanut, tree nut, wheat, egg, soy, milk, fish, and shellfish ingredients.

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