



# Beef Empanada Rice Bowl

with jalapeño chimichurri and crispy tortilla strips

NUTRITION per serving-Calories: 874, Carbohydrates: 88g, Fat: 40g, Protein: 42g, Sodium: 1634mg.

Processed in a facility that also processes peanut, tree nut, wheat, egg, soy, milk, fish, and shellfish ingredients.

\*Nutrition & allergen information varies based on menu selection and ingredient availability. Review protein and meal labels for updated information.

Prep & Cook Time 25-35 min.

Cook Within

5 days

Difficulty Level

Spice Level

Intermediate

Mild

## Pefore you cook

Take a minute to read through the recipe before you startwe promise it will be time well spent!

- ☐ If using fresh produce, thoroughly rinse and pat dry
- ☐ Ingredient(s) used more than once: **chimichurri**

## **Customize It Instructions**

- If using 20 oz. ground beef, follow same instructions as 10 oz. ground beef in Step 3, stirring occasionally until no pink remains on meat, 6-8 minutes.
- If using ground turkey, follow same instructions as ground beef Step 3, stirring occasionally until no pink remains on meat, 7-9 minutes.

Minimum Internal Temperature

Steak 145° | Chicken 165° | Pork 145° | Salmon 145° | Shrimp 145°



### Crisp Tortilla Strips and Brown Meat

- Line a plate with a paper towel.
- Place a medium non-stick pan over medium-high heat and add 1 tsp. olive oil. Add tortilla strips and stir occasionally until crispy, 5-7 minutes.
- Remove tortilla strips to towel-lined plate. Keep pan over medium-high heat.
- Add ground beef to hot pan. Stir occasionally until no pink remains, 6-8 minutes.



#### Start the Rice

- Bring a small pot with rice and 1½ cups water to a boil. Reduce to a simmer, cover, and cook until tender, 18-20 minutes
- Stir 1 Tbsp. chimichurri (made while rice cooks; reserve remaining for garnish) into cooked rice. Cover again and set aside.
- While rice cooks, prepare ingredients.



#### Finish the Meat

- Add tomato sauce and seasoning rub to pan and stir to combine. Bring to a simmer.
- Once simmering, stir occasionally until thickened, 3-5 minutes.
- Remove from burner



## Prepare Ingredients and Make Chimichurri

- Mince cilantro (no need to stem).
- Stem jalapeño, halve, remove seeds and ribs, and mince. Retain seeds for more spice. Be sure to wash hands, utensils, and cutting board after working with jalapeño.
- Halve lime and juice.
- Mince garlic.
- Halve tortillas, then slice into thin strips.
- In a mixing bowl, combine cilantro, jalapeño (to taste), 2 tsp. lime juice, garlic, 1 Tbsp. olive oil, 1 Tbsp. water, 1/4 tsp. salt, and a pinch of **pepper**. Set aside.



#### Finish the Dish

• Plate dish as pictured on front of card, topping rice with beef mixture, and garnishing with cheese, remaining chimichurri, and tortilla strips. Bon appétit!