



Prep & Cook Time **5-10 min.** | Cook Within **7 days** | Difficulty Level **Easy** | Spice Level **Not Spicy**



Chocolate Strawberry Coconut Smoothie

with Greek yogurt

In your box

8 oz. Sliced Strawberries
5.4 fl. oz. Coconut Milk
4 oz. Greek Yogurt
1 fl. oz. Chocolate Syrup

Blend the Smoothie

- *Don't worry if coconut milk has solidified. It is part of natural processes.*
- Place **all ingredients** in a blender. Blend on high, 3-4 minutes.
- Add 2 cups **ice** and blend again until smooth, 3-4 minutes.

Drink Up!

- Pour **smoothie** into two glasses and enjoy.
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NUTRITION per serving Calories: 290, Carbohydrates: 26g,
Fat: 19g, Protein: 7g, Sodium: 52mg.
CONTAINS milk, tree nuts (coconuts)

Processed in a facility that also processes peanut, tree nut, wheat, egg, soy, milk, fish, and shellfish ingredients.