



BBQ Shrimp Pizzas

with pico de gallo

NUTRITION per serving–Calories: 572, Carbohydrates: 71g, Fat: 17g, Protein: 30g, Sodium: 1976mg.

Processed in a facility that also processes peanut, tree nut, wheat, egg, soy, milk, fish, and shellfish ingredients

*Nutrition & allergen information may vary by protein. Please review protein and meal labels for details.

Prep & Cook Time 25-35 min.

Cook Within

3 days

Spice Level • 🗓 🖺

Intermediate

(i) You will need

Olive Oil, Pepper Baking Sheet, 2 Mixing Bowls, Medium Non-Stick Pan

Before you cook

Take a minute to read through the recipe before you start-we promise it will be time well spent!

- ☐ Preheat oven to 425 degrees
- ☐ Thoroughly rinse produce and pat dry
- ☐ Prepare a baking sheet with foil
- ☐ Ingredient(s) used more than once: **shallot**, **cilantro**



Bake the Pizzas

- Place pizzas directly on oven rack in hot oven, with prepared baking sheet on rack below to catch any drips.
- Bake until crust is crispy and **cheese** is bubbly, 5-7 minutes.
- While pizzas bake, make pico de gallo.



Prepare the Ingredients

- Halve and peel **shallot**. Slice half into thin strips and mince other half
- Core tomato and cut into 1/4" dice.
- Halve lime. Juice one half and cut other half into wedges.
- Mince cilantro (no need to stem).
- Pat **shrimp** dry. Place shrimp in a mixing bowl and coat with seasoning blend (use less if spice-averse).
- If using chicken breasts, pat dry and, on a separate cutting board, slice into 1" pieces. Season same amount. If using flank steak, separate into a single layer. Season same amount.



Make the Pico de Gallo

- In another mixing bowl, combine tomato, diced shallot (to taste), 2 tsp. lime juice, cilantro (reserve a pinch for garnish), and ¼ tsp. pepper. Set aside for flavors to marry.
- For next step, if using 16 oz. shrimp, work in batches. If using **chicken**, use a medium non-stick pan over mediumhigh heat with 2 tsp. olive oil. Stir occasionally until chicken browns and reaches a minimum internal temperature of 165 degrees, 5-7 minutes. If using flank steak, use same pan, heat, and olive oil, and stir occasionally until no pink remains, 4-6 minutes.



Assemble the Pizzas

- Place flatbreads on a clean work surface.
- Smear BBQ sauce on each flatbread. Add sliced shallot (to taste) and top with cheese.



Cook Shrimp and Finish Dish

- Place a medium non-stick pan over medium heat. Add 2 tsp. olive oil and shrimp to hot pan. Cook undisturbed until golden brown, 2-3 minutes.
- Flip, and cook until lightly browned and shrimp reaches a minimum internal temperature of 145 degrees, 1-2 minutes.
- Transfer shrimp to a plate and set aside until cool enough to handle. Once cool, halve lengthwise.
- Plate dish as pictured on front of card, topping **pizzas** with pico de gallo and shrimp. Garnish with remaining cilantro and squeeze lime wedges over (to taste). Bon appétit!

