



**NUTRITION** *per serving* 71g carbohydrates 46g fat 68g protein 1567mg sodium | CONTAINS dairy



Calories  
**938**



Prep & Cook Time  
**25-35 min.**



Cook Within  
**5 days**



Difficulty  
**Easy**



Spice Level  
**Mild**

#### IN YOUR BOX

1 Yellow Onion  
15 ½ oz. Kidney Beans  
12 oz. Ground Turkey  
2 Tbsp. Santa Fe Seasoning  
15 oz. Crushed Tomatoes  
8 fl. oz. Tomato Sauce  
2 oz. Sour Cream  
1 ½ oz. Shredded Cheddar Cheese

#### IN YOUR KITCHEN

Olive Oil  
Salt  
Pepper  
Medium Pot

[www.homechef.com/3360](http://www.homechef.com/3360)



## Turkey Chili

with kidney beans, sour cream, and cheddar cheese

## BEFORE YOU COOK

- ❑ Take a minute to read through the recipe before you start—we promise it will be time well spent!
- ❑ Thoroughly rinse produce and pat dry

## WHILE YOU COOK

- ❑ **Heads Up!** **Yellow onion** is used twice. Most is added to **chili**, and a pinch garnishes dish.
- ❑ **Spice Alert!** **Santa Fe seasoning** is on the mild side, but does contain red pepper. Use to taste when adding to **chili**. Be sure to cook at least 10 minutes after adding seasoning to allow spices to “bloom” and add their full flavor.
- ❑ The raw **yellow onion** garnish adds texture and peppery bite to **chili**, but use to taste to keep elements balanced.

## FROM THE CHEF

Longer simmering will develop more flavor from your chili. If time allows, cook an additional 20 minutes for maximum flavor experience.

### Did you know...

U.S. President Lyndon B. Johnson was a big chili lover. His favorite recipe became known as Pedernales River chili after the location of his Texas ranch. Lady Bird Johnson, the first lady, had the recipe printed on cards to be mailed out because of the many thousands of requests the White House received for it.



1

### Prepare the Ingredients

Halve and peel **onion**. Cut halves into ¼” dice. Drain and rinse **kidney beans**.



2

### Brown the Meat

Heat 1 tsp. **olive oil** in a medium pot over medium heat. Add **ground turkey** to hot pot and cook, breaking up meat, until no pink remains, 8-10 minutes.



3

### Sauté the Onion

To pot containing browned turkey, add **onion** (reserve a bit for garnish) and **seasoning blend** (to taste). Cook, stirring constantly, until onions are translucent, 1-2 minutes.



4

### Finish the Chili

Add **kidney beans**, **crushed tomatoes**, **tomato sauce**, and ¼ cup **water** to pot and bring to a boil. Reduce heat to simmer, cover, and cook, stirring occasionally, 10-12 minutes. Season with ½ tsp. **salt** and a pinch of **pepper**. *If time allows, simmering an additional 20 minutes will further develop flavor and improve taste.*



5

### Plate the Dish

Place a serving of **chili** in a bowl. Garnish with **sour cream**, **shredded cheddar**, and remaining **onion** (to taste).