



Greek Flatbread

with roasted red peppers and Kalamata olives

NUTRITION per serving—Calories: 750, Carbohydrates: 80g, Fat: 36g, Protein: 28g, Sodium: 1783mg.

Processed in a facility that also processes peanut, tree nut, wheat, egg, soy, milk, fish, and shellfish ingredients

*Nutrition & allergen information may vary by protein. Please review protein and meal labels for details.

Prep & Cook Time 30-40 min.

Cook Within

Spice Level 🖾 🕮 💆

(i) You will need

Olive Oil, Pepper Baking Sheet, Medium Pan, Mixing Bowl

Before you cook

Take a minute to read through the recipe before you start-we promise it will be time well spent!

- ☐ Preheat oven to **400 degrees**
- ☐ Thoroughly rinse produce and pat dry
- ☐ Prepare a baking sheet with foil
- ☐ Ingredient(s) used more than once: balsamic vinegar, oregano, marinated tomatoes



Caramelize the Onion

- Peel and halve **onion**. Slice onion into thin strips.
- Heat 2 tsp. olive oil in a medium pan over medium-high heat. Add onion to hot pan and stir occasionally until softened and just beginning to caramelize, 6-8 minutes.
- Stir in half the **balsamic vinegar** (reserve remaining for arugula) and a pinch of **pepper** and cook until mostly evaporated, 30 seconds.
- Remove from burner.
- While onions caramelize, prepare ingredients.



Prepare the Ingredients

- Halve olives.
- Halve tomatoes.
- In a mixing bowl, combine tomatoes, half the **oregano** (reserve remaining for garnish), 2 tsp. olive oil, and a pinch of pepper. Set aside.



Assemble the Flatbreads

- Place flatbreads on prepared baking sheet.
- Divide half the mozzarella (reserve remaining for topping), caramelized onion (to taste), and half the marinated tomatoes (reserve remaining for arugula) between flatbreads.
- Top each with roasted red peppers, olives, and feta. Sprinkle with remaining mozzarella.



Bake the Flatbreads

- Bake in hot oven until **flatbread** edges are brown and crisp, 12-14 minutes.
- Rest flatbreads, 5 minutes.
- While flatbreads rest, dress salad.
- If using protein, prepare while flatbreads bake. If using whole chicken breasts, pat dry and cut into 1" pieces on a separate cutting board. Proceed with diced chicken. If using diced chicken, season all over with ¼ tsp. salt and a pinch of pepper. Stir occasionally with 2 tsp. olive oil in a medium non-stick pan over medium-high heat until chicken reaches a minimum internal temperature of 165 degrees, 5-7 minutes. If using ground beef, cook in a medium non-stick skillet over medium-high heat with 1 tsp. olive oil. Break into small pieces with a spoon until no pink remains, 4-6 minutes. Season with 1/4 tsp. salt and a pinch of pepper.



Dress Salad and Finish Dish

- Add arugula, remaining balsamic vinegar, 1 tsp. olive oil, and a pinch of pepper to mixing bowl with remaining marinated tomatoes. Toss gently to combine.
- If using protein, add to flatbreads before salad.
- Plate dish as pictured on front of card, topping **flatbreads** with arugula salad and garnishing with remaining oregano. Bon appétit!