



Prep & Cook Time **5-10 min.** | Cook Within **7 days** | Difficulty Level **Easy** | Spice Level **Not Spicy**



## Strawberry Malt Smoothie

with Greek yogurt

### In your box

- 8 oz. Frozen Sliced Strawberries
- 8 fl. oz. Vanilla Almond Milk
- 4 oz. Greek Yogurt
- 1/3 cup Malted Milk Powder

### Prepare the Ingredients

- Place **all ingredients** into blender. *We love the distinctive (even nostalgic) flavor malted milk powder adds to this smoothie, but feel free to use less than amount provided or omit for a still-delicious strawberry smoothie.*

### Blend the Smoothie

- Blend on high until smooth, 1-2 minutes.
- Add 2 cups **ice** and blend on high again until smooth, 1-2 minutes.
- Divide **smoothie** between two glasses and enjoy!

NUTRITION per serving Calories: 227, Carbohydrates: 37g, Fat: 6g, Protein: 8g, Sodium: 222mg.  
CONTAINS milk, wheat, tree nuts (almonds)

Processed in a facility that also processes peanut, tree nut, wheat, egg, soy, milk, fish, and shellfish ingredients.