



Pork Shumai Meatballs

with ponzu dipping sauce and snap peas

Easy

(i) You will need

Olive Oil, Salt, Pepper, Cooking Spray Baking Sheet, Medium Pot, Mixing Bowl, Medium Non-Stick Pan

Before you cook

Take a minute to read through the recipe before you startwe promise it will be time well spent!

- ☐ Preheat oven to **400 degrees**
- ☐ Thoroughly rinse produce and pat dry
- ☐ Prepare a baking sheet with foil and cooking spray
- ☐ Ingredient(s) used more than once: **green onions**, sesame oil



Cook the Rice

- Bring a medium pot with rice and 11/2 cups water to a boil. Reduce to a simmer, cover, and cook until tender, 18-20 minutes.
- Remove from burner. Set aside covered.
- While rice cooks, prepare ingredients.



Prepare the Ingredients

- Trim and thinly slice green onions on an angle.
- Mince garlic.
- Pull strings from snap peas like a zipper.



Prepare the Meatballs

- Combine pork, tamari soy sauce, half the green onions (reserve remaining for snap peas and garnish), rice flour, ginger, half the sesame oil (reserve remaining for snap peas), and a pinch of **pepper** in a mixing bowl.
- · Mix thoroughly, ensuring meat is evenly seasoned.



Form and Cook the Meatballs

- Form **pork mixture** into eight golf ball-sized meatballs.
- Heat 1 tsp. olive oil in a medium non-stick pan over mediumhigh heat. Add meatballs to hot pan and cook until wellbrowned on two sides, 2-3 minutes per side.
- Transfer meatballs to prepared baking sheet and roast in hot oven until meatballs reach a minimum internal temperature of 160 degrees, 8-10 minutes.
- Wipe pan clean and reserve.
- While meatballs roast, sauté snap peas.



Sauté the Snap Peas

- Return pan used to sear meatballs to medium heat. Add 1 tsp. olive oil, remaining sesame oil, and garlic to hot pan. Cook until fragrant, 1 minute.
- Add snap peas, remaining green onions (reserve a pinch for garnish), red pepper flakes (to taste), and a pinch of salt. Stir occasionally until tender and lightly charred, 4-5 minutes.
- Plate dish as pictured on front of card, garnishing with remaining green onions and serving **ponzu sauce** on the side for dipping. Bon appétit!

