

# NY Strip Steak and Black Garlic Demi

WITH ROCKEFELLER POTATO GRATIN

## **Culinary Collection**



Prep & Cook Time					
40-50 MIN					
Difficulty Level					
EXPERT					

Cook Within 6 DAYS Spice Level NOT SPICY

## You Will Need

Olive Oil, Salt, Pepper Medium Non-Stick Pan, Mixing Bowl, Medium Oven-Safe Non-Stick Pan

#### Minimum Internal Protein Temperature

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145°	Steak	Pork	Lamb	Seafood
160°	Ground Beef		Ground Pork	
165°	Chicken		Ground Turkey	
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Rest steak or pork after cooking, 3 minutes.

#### View nutritional information at www.homechef.com/26451

\*Nutrition & allergen information varies based on menu selection and ingredient availability. Review protein and meal labels for updated information.

Processed in a facility that also processes peanut, tree nut, wheat, egg, soy, milk, fish, and shellfish ingredients.

#### Ingredients

½ cup Panko Breadcrumbs
4 tsp. Beef Flavor Demi-Glace Concentrate
1 oz. Shredded Parmesan Cheese
.3 oz. Butter
4 fl. oz. Cream Sauce Base
5 oz. Baby Spinach
12 oz. Yukon Potatoes
1 tsp. Black Garlic Seasoning
Customize It Options
16 oz. USDA Choice New York Strip Steak
12 oz. Filets Mignon

If you received different ingredients, we may have sent a substitute. Not to worry! Check your email for updated instructions.

## **Before You Cook**

All cook times are approximate based on testing.

**Customize It Instructions** 

• If using any fresh produce, thoroughly rinse and pat dry

 If using filets mignon, pat dry. Cook in a large nonstick pan with 2 tsp. olive oil over medium-high heat

recommend checking for doneness sooner.

until steak reaches desired doneness, or 4-6 minutes per side for medium/medium-well. Rest, 3 minutes. Steak thickness can vary; if you receive a thinner steak, we

- Turn oven on to 425 degrees. Let preheat, at least 10 minutes
- Refer to minimum internal temperature chart on front of card for your protein



## 1. Prepare the Ingredients

- Cut potatoes into 1/4" slices.
- Coarsely chop **spinach**.
- Combine **panko** and **cheese** in a mixing bowl. Set aside.
- Pat steaks dry and season both sides with a pinch of salt and pepper.



#### 2. Bake the Gratin

- Place a medium oven-safe non-stick pan over medium heat.
- Add potatoes, cream base,  $\frac{1}{4}$  cup water, and  $\frac{1}{4}$  tsp. salt to hot pan. Bring to a simmer.
- Once simmering, cover and cook until potatoes begin to soften, 5-6 minutes.
- Uncover, and stir in **spinach** until wilted, 1-2 minutes.
- Remove from burner and top evenly with **panko-cheese mixture**. Transfer pan to hot oven and bake until potatoes are tender and topping is golden-brown, 18-22 minutes.
- While gratin bakes, continue recipe.



#### 4. Make the Sauce

- Return pan used to cook steaks to medium heat. Add ½ cup water, demi-glace, and black garlic seasoning to hot pan. Bring to a simmer, stirring often.
- Once simmering, stir often until smooth and beginning to thicken, 2-3 minutes.
- Remove from burner and stir in butter.



### 3. Cook the Steaks

- Place a medium non-stick pan over medium heat and add 2 tsp. olive oil.
- Add **steaks** to hot pan and cook until browned and steaks reach desired doneness, or 4-6 minutes per side for medium/medium-well.
- Steak thickness can vary; if you receive a thinner steak, we recommend checking for doneness sooner.
- Remove from burner. Transfer steaks to a plate and rest, 3 minutes.
- Reserve pan; no need to wipe clean.



## 5. Finish the Dish

• Plate dish as pictured on front of card, topping **steak** with **sauce**. Bon appétit!