

# Red Wine Bordelaise NY Strip Steak

WITH TRUFFLE MASHED POTATOES AND LEMON GREEN BEANS





Prep & Cook Time 40-50 MIN

Difficulty Level
INTERMEDIATE

Cook Within
6 DAYS

Spice Level
NOT SPICY

# You Will Need

Olive Oil, Salt, Pepper Colander, Medium Non-Stick Pan, Medium Pot, Mixing Bowl, Large Non-Stick Pan

# Minimum Internal Protein Temperature

145°	Steak	Pork	Lamb	Seafood
160°	Ground Beef		Ground Pork	
165°	Chicken		Ground Turkey	

Rest steak or pork after cooking, 3 minutes.

# View nutritional information at www.homechef.com/24934

\*Nutrition & allergen information varies based on menu selection and ingredient availability. Review protein and meal labels for updated information.

Processed in a facility that also processes peanut, tree nut, wheat, egg, soy, milk, fish, and shellfish ingredients.

# Ingredients

1 Shallot

2 tsp. Beef Flavor Demi-Glace Concentrate

.84 oz. Mayonnaise

.14 oz. Lemon Juice

1 oz. Cream Cheese

1 fl. oz. Red Cooking Wine

.6 oz. Butter

3 Thyme Sprigs

8 oz. Green Beans

.8 oz. Truffle Butter

9 oz. Yukon Potatoes

3/4 oz. Crumbled Bacon

# **Customize It Options**

16 oz. USDA Choice New York Strip Steak

12 oz. Sirloin Steaks

12 oz. Boneless Skinless Chicken Breasts

If you received different ingredients, we may have sent a substitute. Not to worry! Check your email for updated instructions.

# Share your meal with @realhomechef

### **Before You Cook**

All cook times are approximate based on testing.

- If using any fresh produce, thoroughly rinse and pat dry
- Refer to minimum internal temperature chart on front of card for your protein

# **Customize It Instructions**

- If using chicken breasts, follow same instructions as NY strip steak in Steps 2 and 4, cooking until chicken reaches minimum internal temperature, 5-7 minutes per side
- If using sirloin steaks, follow same instructions as NY strip steak in Steps 2 and 4, cooking until steaks reach desired doneness, or 4-6 minutes per side for medium/ medium-well. Rest, 3 minutes. Steak thickness can vary; if you receive a thinner steak, we recommend checking for doneness sooner.



### 2. Prepare Ingredients and Make Lemon Aioli

- Stem and mince thyme.
- Trim green beans, if necessary.
- Peel and mince shallot.
- In a mixing bowl, combine lemon juice and mayonnaise. Set aside.
- $\bullet$  Pat steaks dry and season both sides with  $1\!/\!4$  tsp. salt and a pinch of pepper.



# 4. Cook the Steaks

- Place a medium non-stick pan over medium-high heat and add 2 tsp. olive oil.
- Add steaks to hot pan and cook until steaks reach desired doneness, or 4-6 minutes per side for medium/medium-well.
- Remove from burner. Transfer steaks to a plate and tent with foil.
   Rest, 3 minutes.
- Steak thickness can vary; if you receive a thinner steak, we recommend checking for doneness sooner.
- Reserve pan; no need to wipe clean.



## 1. Make the Mashed Potatoes

- Cut potatoes into large evenly-sized chunks. Bring a medium pot with potato chunks covered by water to a boil.
- Once boiling, cook until fork-tender, 14-18 minutes.
- Remove from burner. Reserve ½ cup potato cooking water. Drain
  potatoes in a colander and return to pot. Add cream cheese, truffle
  butter (to taste), ¼ tsp. salt, and reserved potato cooking water.
  Mash until desired consistency is reached.
- While potatoes boil, continue recipe.



### 3. Crisp Bacon and Cook Green Beans

- Line a plate with a paper towel.
- Place a large non-stick pan over medium heat and add 1 tsp. olive oil. Add bacon to hot pan and stir occasionally until crisp, 1-2 minutes.
- Remove from burner. Transfer bacon to towel-lined plate. Reserve pan; no need to wipe clean. Return pan to medium heat and add 1 tsp. olive oil.
- Add green beans to hot pan and stir occasionally, 1 minute.
- Add 1/4 cup water. Cover and cook until tender, 6-8 minutes.
- Uncover and season with ¼ tsp. salt and a pinch of pepper. If green beans need more time, add 2 Tbsp. water, cover, and stir occasionally, 1-3 minutes. Remove from burner.



# 5. Make Sauce and Finish Dish

- Return pan used to cook steaks to medium heat. Add **shallots** to hot pan and stir occasionally until fragrant, 2-3 minutes.
- Add wine, demi-glace, and 1 Tbsp. water. Bring to a simmer.
- Once simmering, stir occasionally until combined, 30-60 seconds.
- Remove from burner. Add plain butter and ½ tsp. thyme (add remaining to taste, if desired). Stir until melted.
- Plate dish as pictured on front of card, topping steak with sauce and garnishing green beans with lemon aioli and bacon. Bon appétit!