

# **Tonkatsu Pork Chop**

WITH MISO MUSHROOM RICE



Prep & Cook Time					
45-55 MIN					

Difficulty Level
INTERMEDIATE

# Cook Within 6 DAYS

Spice Level
MEDIUM

### You Will Need

Olive Oil, Salt, Pepper Small Pot, Mixing Bowl, Microwave-Safe Bowl, Large Non-Stick Pan

### Minimum Internal Protein Temperature

145°	Steak	Pork	Lamb	Seafood	
160°	Ground Beef		Ground Pork		
165°	Chicken		Ground Turkey		

Rest steak or pork after cooking, 3 minutes.

# View nutritional information at www.homechef.com/24920

\*Nutrition & allergen information varies based on menu selection and ingredient availability. Review protein and meal labels for updated information.

Processed in a facility that also processes peanut, tree nut, wheat, egg, soy, milk, fish, sesame, and shellfish ingredients.

# Ingredients

2 Green Onions 4 oz. Cremini Mushrooms

½ cup Panko Breadcrumbs

→ 1 tsp. Sriracha

2 tsp. Miso Sauce Concentrate <sup>3</sup>/<sub>4</sub> cup Jasmine Rice .42 oz. Mayonnaise 2<sup>1</sup>/<sub>2</sub> fl. oz. Tonkatsu Sauce

**Customize It Options** 

12 oz. Boneless Pork Chops 12 oz. Antibiotic-Free Boneless Skinless Chicken Breasts

If you received different ingredients, we may have sent a substitute. Not to worry! Check your email for updated instructions.

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### Before You Cook

All cook times are approximate based on testing.

- If using any fresh produce, thoroughly rinse and pat dry
- Ingredient(s) used more than once: green onions



### **Customize It Instructions**

• If using chicken breasts, follow same instructions as pork in Steps 1, 3, and 4, flipping every 3-5 minutes until chicken reaches minimum internal temperature, 10-14

### 1. Prepare the Ingredients

- Thinly slice mushrooms.
- Trim and thinly slice green onions, keeping white and green portions separate.
- Pat pork dry and season both sides with a pinch of salt and pepper.



## 2. Cook the Rice

- Place a small pot over medium heat and add 1 tsp. olive oil. Add mushrooms, white portions of green onions, and a pinch of salt to hot pot. Stir occasionally until tender and browned, 4-5 minutes.
- Add rice, 11/4 cups water, 1/4 tsp. salt, and miso. Bring to a boil.
- Once boiling, reduce to a simmer. Cover and cook until rice is tender, 15-18 minutes.
- Remove from burner and set aside covered.
- While rice cooks, continue recipe.



### 3. Prepare the Pork

- Combine mayonnaise and 2 tsp. water in a mixing bowl. Place panko on a plate.
- Cover pork with plastic wrap and pound with a heavy object to an even 1/4" thickness.
- Remove plastic wrap. Transfer pork to a plate and spread mayonnaise-water mixture on pork, coating completely. Transfer to plate with panko, flipping until coated, pressing gently to adhere to



### 4. Cook the Pork

- Line a plate with a paper towel. Place a large non-stick pan over medium heat and add 3 Tbsp. olive oil. Let oil heat, 5 minutes.
- After 5 minutes, test oil temperature by adding a pinch of panko to it. It should sizzle gently. If it browns immediately, turn heat down and let oil cool. If it doesn't brown, increase heat.
- Lay pork away from you in hot oil and flip every 1-2 minutes until golden brown and pork reaches a minimum internal temperature of 145 degrees, 5-7 minutes.
- Remove from burner. Transfer pork to towel-lined plate. Rest, 3 minutes.



### 5. Warm Sauce and Finish Dish

- In a microwave-safe bowl, combine tonkatsu sauce and 1 Tbsp. water. Microwave until warm, 30-60 seconds.
- Plate dish as pictured on front of card, slicing **pork** into 3/4" strips, if desired. Top pork with tonkatsu sauce, green portions of green onions, and Sriracha (to taste). Bon appétit!

