



# Beef-and-Sherry "Steak Diane"

with cremini and Dijon cream sauce, mashed potatoes, and asparagus

## (i) You will need

Olive Oil, Salt, Pepper

Baking Sheet, Colander, Medium Pot, Medium Non-Stick Pan

# Before you cook

Take a minute to read through the recipe before you startwe promise it will be time well spent!

- ☐ Preheat oven to **400 degrees**
- ☐ Thoroughly rinse produce and pat dry
- ☐ Prepare a baking sheet with foil
- ☐ Ingredient(s) used more than once: butter, light



## Prepare the Ingredients

- Peel potatoes and cut into 1" chunks. Bring a medium pot with potatoes and enough lightly salted water to cover to a boil. Reduce to a simmer and cook until tender, 12-16 minutes.
- While potatoes simmer, trim woody ends off asparagus.
- Cut mushrooms into 1/4" slices.
- Peel and mince shallot.
- Pat steaks dry, and season both sides with Worcestershire and a pinch of salt and pepper.



# Roast the Asparagus

- Place asparagus on prepared baking sheet and drizzle with 1 tsp. olive oil and a pinch of salt and pepper.
- Roast in hot oven, 5 minutes.
- Remove from oven and carefully move asparagus to one side to make room for **steaks**. Asparagus will finish cooking in a later
- While asparagus roasts, sear steaks.



#### Cook the Steaks

- Heat 1 tsp. olive oil in a medium non-stick pan over medium heat. Remove steaks from Worcestershire, letting excess drip off. Reserve Worcestershire.
- Add steaks to hot pan and sear undisturbed until lightly browned, 2-3 minutes.
- · Flip steaks, and place in empty space on baking sheet. Pour reserved Worcestershire over. Roast until asparagus is tender and steaks reach a minimum internal temperature of 145 degrees, 4-6 minutes.
- Remove cooked steaks to a plate, tent with foil, and rest at least 5 minutes. Reserve pan; no need to wipe clean.
- While steaks roast, finish potatoes.



#### Make the Potatoes

- Drain cooked potatoes in a colander. Return to pot and add half the **butter**, half the **cream** (reserve remaining of both for sauce), ¼ tsp. salt, and a pinch of pepper. Mash until smooth.
- Cover and set aside.



### Make Sauce and Finish Dish

- Return pan used to cook steaks to medium heat. Add remaining butter, shallot, and mushrooms to hot pan and stir occasionally until aromatic, 3-4 minutes.
- Add demi-glace, 1/2 cup water, Dijon mustard, sherry, and remaining cream and stir occasionally until sauce is creamy and slightly thickened, 3-5 minutes.
- Remove from burner.
- Plate dish as pictured on front of card, spooning sauce over potatoes and steak. Bon appétit!

