

Sweet and Spicy BBQ Meatballs

WITH CHEESY MASHED POTATOES AND CORN





Prep & Cook Time	Cook Within	You Will Need
25-35 MIN	5 DAYS	Olive Oil, Salt 2 Mixing Bowls
Difficulty Level	Spice Level	
EASY	MEDIUM	

Minimum Internal Protein Temperature

145°	Steak Pork	Lamb	Seafood
160°	Ground Beef	Grou	ınd Pork
165°	Chicken	Groun	d Turkey

Rest steak or pork after cooking, 3 minutes.

View nutritional information at www.homechef.com/23381

*Nutrition & allergen information varies based on menu selection and ingredient availability. Review protein and meal labels for updated information.

Processed in a facility that also processes peanut, tree nut, wheat, egg, soy, milk, fish, sesame, and shellfish ingredients.

Ingredients

1½ oz. BBQ Sauce 1 oz. Shredded Cheddar Cheese ¼ oz. Dijon Mustard ¼ cup Panko Breadcrumbs 5 oz. Corn Kernels 10 oz. Mashed Potatoes 1 oz. Sour Cream

- → 3 tsp. BBQ Spice Rub
- J¹/₂ oz. Crispy Jalapeños

Customize It Options

10 oz. Ground Beef 12 oz. Impossible Burger

10 oz. Ground Pork

10 oz. Ground Turkey

If you received different ingredients, we may have sent a substitute. Not to worry! Check your email for updated instructions.

Before You Cook

All cook times are approximate based on testing.

Customize It Instructions

- If using ground pork, follow same instructions as ground beef in Steps 1,2, and 3, baking uncovered, 15 minutes, adding ingredients, and baking uncovered again until pork reaches minimum internal temperature, 10-15 minutes.
- If using ground turkey, follow same instructions as ground beef in Steps 1, 2, and 3, baking uncovered, 15 minutes, adding ingredients, and baking uncovered again until turkey reaches minimum internal temperature, 14-16 minutes.
- If using Impossible burger, follow same instructions as ground beef in Steps 1, 2, and 3, baking uncovered, 15 minutes, adding ingredients, and baking uncovered again until burger is heated through, 10-15 minutes.



1. Prepare the Meatballs

- Turn oven on to 425 degrees. Let preheat, at least 10 minutes. Thoroughly rinse any fresh produce and pat dry.
- Combine half the panko (remaining is yours to use as you please!) and 2 Tbsp. water in a mixing bowl. Rest, 2 minutes.
- Add ground beef, sour cream, ¼ tsp. salt, and ⅔ the BBQ spice rub (use less if spice-averse; reserve remaining for corn). Form mixture into six equally-sized meatballs. Place meatballs in provided tray.



2. Add the Potatoes and Corn

- Bake meatballs uncovered in hot oven, 15 minutes.
- Carefully remove tray from oven. Drain excess liquid from tray. Push meatballs to one side. Tray will be hot! Use a utensil.
- Add mashed potatoes and cheese to now-empty side of tray and stir vigorously to combine. Push to one corner.
- Combine corn, 1 tsp. olive oil, and remaining BBQ spice rub (use less if spice-averse) in now-empty corner of tray.



3. Bake the Meal

- Bake again uncovered in hot oven until meatballs reach a minimum internal temperature of 160 degrees, 10-15 minutes.
- While meal bakes, in another mixing bowl, combine **BBQ sauce**, **mustard**, and a pinch of **salt**.
- Carefully remove tray from oven. Vigorously stir mashed potatoes.
- To serve, top meatballs with BBQ-mustard sauce, then crispy jalapeños (to taste). Bon appétit!

