

Maple Brown Sugar Oatmeal Bites

WITH PURE VERMONT MAPLE SYRUP

View nutritional information at: www.homechef.com/22773



COOK WITHIN 3 DAYS

Oatmeal Bites Instructions

- Freeze until use.
- Preheat oven to 400 degrees. Remove oatmeal bites from packaging.
- If frozen: Place oatmeal bites on a baking sheet and bake in hot oven until heated through, 13-15 minutes.
- If thawed: Place oatmeal bites on a baking sheet and bake in hot oven until heated through, 6-7 minutes.
- Carefully remove from oven and rest, 1-2 minutes. Bon

Bacon & Cheese Egg Bites

WITH CHEDDAR

View nutritional information at: www.homechef.com/22614



соок WITHIN 3 DAYS

Egg Bite Instructions

- Refrigerate or freeze until use.
- If using oven: Preheat oven to 350 degrees. Line a baking sheet with parchment paper. Remove **egg bites** from packaging. Place on prepared baking sheet. Bake in hot oven until heated through, 8-10 minutes. Carefully remove from oven. Rest, 3 minutes. Bon appétit!
- If using microwave: Cut slit in film or peel back corner of film to vent. Microwave until heated through, 2-2½ minutes. Carefully remove from microwave. Rest, 3 minutes. Bon appétit!

Chocolate Lava Cake

WITH MOLTEN CHOCOLATE CENTER

View nutritional information at: www.homechef.com/22752



соок WITHIN 3 DAYS

Lava Cake Instructions

- Refrigerate or freeze until use.
- Remove cake from refrigerator or freezer and remove outer plastic wrap.
- If heating from frozen:
- If using microwave: Keep lava cake in original container and microwave until center is warm, 45-60 seconds. Carefully remove from microwave. Rest in container, 1 minute. Bon appétit!
- If using oven: Turn oven on to 350 degrees. Let preheat, at least 10 minutes. Keep lava cake in original container. Place directly on rack in hot oven and bake until center is warm, 10-15 minutes. Carefully remove from oven. Rest in container, 1 minute. Bon appétit!
- If heating from thawed:
- If using microwave: Keep **lava cake** in original container and microwave until center is warm, 30-45 seconds. Carefully remove from microwave. Rest in container, 1 minute. Bon appétit!
- If using oven: Turn oven on to 350 degrees. Let preheat, at least 10 minutes. Keep **lava cake** in original container. Place directly on rack in hot oven and bake until center is warm, 8-10 minutes. Carefully remove from oven. Rest in container, 1 minute. Bon appétit!

Chocolate Chip Cookie Skillet

READY-TO-BAKE

View nutritional information at: www.homechef.com/22757



соок WITHIN 3 DAYS

Cookie Skillet Instructions

- Refrigerate or freeze until use.
- Preheat oven to 350 degrees. Remove from plastic packaging; keep **cookie** in aluminum pan. Bake in hot oven, 17-22 minutes (for "gooey" interior, bake closer to 17 minutes; for "well-done," bake closer to 22 minutes).
- If baking from frozen, add additional 2 minutes to bake time.
- Carefully remove from oven. Let cool slightly. Bon appétit!
- Do not consume raw.

Nana Jude's Chicken Noodle Soup

View nutritional information at: www.homechef.com/22842

SIMPLY HEAT AND EAT



соок WITHIN 3 DAYS

Soup Instructions

- Refrigerate until use.
- If using stovetop: For best results, remove soup bag from cup and place bag in pot of boiling water. (Rapidly boiling water minimizes bag contact with pot.) Boil, 20 minutes. After 20 minutes, carefully remove bag from boiling water. Bag will be very hot; use caution. Cut a corner with scissors and pour into serving bowl. Bon appétit!
- If using microwave: Remove bag from cup. Cut a corner of bag with scissors and pour soup into microwave-safe bowl. (Do not microwave packaging cup.) Cover loosely with a paper towel. Microwave until heated through, 5-6 minutes, stirring halfway through. Use caution when handling; bowl and soup will be hot. Bon appétit!

Pepperoni Pizza Crunch Rolls

WITH PIZZA SAUCE, PEPPERONI, AND CHEESE

View nutritional information at: www.homechef.com/22881



COOK WITHIN 3 DAYS

Crunch Roll Instructions

- Freeze until use.
- Preheat oven to 400 degrees. Remove **rolls** from packaging. Prepare a baking sheet with foil and **cooking spray**. Place rolls on prepared baking sheet. Bake in hot oven until heated through, 18-20 minutes.
- Carefully remove from oven. Let rest, 1 minute.
- Bon appétit!

Margherita Pizza APPETIZER-STYLE FLATBREAD

View nutritional information at: www.homechef.com/22748



соок WITHIN 3 DAYS

Pizza Instructions

- Refrigerate until use. If frozen, thaw in refrigerator.
- Move oven rack to middle position. Preheat oven to 375 degrees. Remove pizza from refrigerator and remove
- Place pizza directly on middle rack in hot oven and bake until heated through, 15-18 minutes.
 Carefully remove from oven. Rest, 3 minutes. Bon appétit!

Caesar Chopped Salad & Chicken WITH 2 READY-TO-COOK CHICKEN BREASTS

View nutritional information at:



соок WITHIN 3 DAYS

Chicken Instructions

- Pat chicken dry. We recommend seasoning both sides with 1/4 tsp. salt and a pinch of pepper.
- Use a large non-stick pan with 2 tsp. olive oil over medium heat and cook to a minimum internal temperature of 165 degrees, 5-7 minutes per side.
- For grilling, follow same instructions, heating grill to medium heat and spraying with cooking spray.

- Remove from burner. Set aside to cool, 5 minutes.
- While chicken cooks, assemble salad.

Salad Instructions

- Refrigerate until use.
- Remove all **salad** ingredients from packaging and toss or gently mix with **dressing** until combined. Once cool enough to handle, slice **chicken** into 1/2" slices, if desired, and top salad with chicken. Bon appétit!

Three Cheese Asiago-Demi Loaf

SIMPLY BAKE AND EAT

View nutritional information at: www.homechef.com/22832



COOK WITHIN 3 DAYS

Demi-Loaf Instructions

- Refrigerate until use.
- Preheat oven to 400 degrees. Remove bread from packaging. Place bread directly on oven rack in hot oven and bake until heated through, 10-12 minutes.
- Carefully remove from oven. Bon appétit!

Charcuterie Snack Tray

WITH PROVOLONE, SALAME, AND CRACKERS

View nutritional information at: www.homechef.com/22860



COOK WITHIN 3 DAYS

Snack Tray Instructions

- Refrigerate until use.
- Remove from packaging. Bon appétit!

Caesar Chopped Salad WITH CREAMY CAESAR DRESSING

View nutritional information at: www.homechef.com/22742



соок WITHIN 3 DAYS

Salad Instructions

- Refrigerate until use.
- Remove all salad ingredients from packaging. Toss or gently stir with **dressing** until combined. Bon appétit!

Mediterranean Crunch Chopped Salad

WITH BASIL BALSAMIC VINAIGRETTE

View nutritional information at: www.homechef.com/22882



соок WITHIN 3 DAYS

Salad Instructions

- Refrigerate until use.
- Remove all **salad** ingredients from packaging and gently toss or mix with **dressing** to combine. Bon appétit!

Caramel Cheesecake WITH VANILLA COOKIE CRUST

View nutritional information at: www.homechef.com/22339



соок WITHIN 3 DAYS

Cheesecake Instructions

- Refrigerate until use.
- Remove from packaging. Bon appétit!

Tru Fru Dark Chocolate Bananas WITH HYPER-DRIED BANANAS

View nutritional information at:

www.homechef.com/22878



соок WITHIN 3 DAYS

Banana Instructions

Store at room temperature. Remove from packaging. Bon appétit!

Straw-nana Dream Smoothie WITH COCONUT

View nutritional information at: www.homechef.com/22717



COOK WITHIN 3 DAYS

Smoothie Instructions

- Refrigerate until use.
- Shake well before drinking. Bon appétit!

Strawberry Mini Granola Bites WITH OATS

View nutritional information at: www.homechef.com/22903



соок WITHIN

> 3 DAYS

Granola Bites Instructions

Remove from packaging. Bon appétit!