

Huli Huli Chicken Rice Bowl

WITH CHARRED PINEAPPLE



Prep & Cook Time	Cook Within	You Will Need
30-40 MIN	5 DAYS	Olive Oil, Salt, Pepper Small Pot, Mixing Bowl,
Difficulty Level	Spice Level	Medium Non-Stick Pan
EASY	MILD	
• • • • • • • • • • • • • • • • • • • •		Minimum Internal Protein Temperature

145°	Steak Pork	Lamb Seafood
160°	Ground Beef	Ground Pork
165°	Chicken	Ground Turkey

Rest steak or pork after cooking, 3 minutes.

View nutritional information at www.homechef.com/21835

*Nutrition & allergen information varies based on menu selection and ingredient availability. Review protein and meal labels for updated information.

Processed in a facility that also processes peanut, tree nut, wheat, egg, soy, milk, fish, and shellfish ingredients.

Ingredients

2 Green Onions

5.47 oz. Long Grain White Rice

4 oz. Slaw Mix

.84 oz. Mayonnaise

4 Pineapple Slices

2 fl. oz. Teriyaki Glaze

→ ¼ tsp. Red Pepper Flakes

Customize It Options

12 oz. Boneless Skinless Chicken Breasts

16 oz. USDA Choice New York Strip Steak

12 oz. Sirloin Steaks

12 oz. Antibiotic-Free Boneless Skinless Chicken Breasts

If you received different ingredients, we may have sent a substitute. Not to worry! Check your email for updated instructions.

Before You Cook

All cook times are approximate based on testing.

- If using any fresh produce, thoroughly rinse and pat dry
- Ingredient(s) used more than once: green onions

Customize It Instructions

- If using sirloin steaks, follow same instructions as chicken in Steps 2 and 4, cooking until steaks reach desired doneness, or 4-6 minutes per side for medium/ medium-well. Rest, 3 minutes. Steak thickness can vary; if you receive a thinner steak, we recommend checking for doneness sooner.
- If using NY strip steaks, follow same instructions as chicken in Steps 2 and 4, cooking until browned and steaks reach desired doneness, 7-10 minutes per side for medium/medium well. Rest, 3 minutes. Steak thickness can vary; if you receive a thinner steak, we recommend checking for doneness sooner.



2. Prepare the Ingredients

- Trim and thinly slice green onions.
- Halve and juice lime.
- In a mixing bowl, combine slaw mix, mayonnaise, 1 tsp. lime juice, 1 tsp. olive oil, green onions (reserve a pinch for garnish), and a pinch of salt and pepper. Refrigerate until plating.
- Pat chicken breasts dry, and season both sides with a pinch of pepper.



1. Cook the Rice

- Bring a small pot with rice and 11/4 cups water to a boil.
- Once boiling, reduce to a simmer, cover, and cook until rice is tender, 15-18 minutes.
- Remove from burner and set aside covered.
- While rice cooks, prepare ingredients.



3. Sear the Pineapple

- Place a medium non-stick pan over medium-high heat and add 2 tsp. olive oil.
- Pat pineapple rings dry and add to hot pan. Cook until charred, 2-4 minutes per side.
- Transfer pineapple rings to a plate. Reserve pan; no need to wipe



4. Cook the Chicken

- Return pan used to sear pineapple to medium heat and add 2 tsp. olive oil.
- Add chicken breasts to hot pan and cook until browned and chicken reaches a minimum internal temperature of 165 degrees, 5-7 minutes per side.
- · Remove from burner. Rest chicken, 3 minutes.



5. Finish the Dish

• Plate dish as pictured on front of card, cutting chicken into 1/2" slices, if desired, and topping rice with chicken, slaw, and pineapple. Drizzle chicken with teriyaki glaze and garnish with red pepper flakes (to taste) and remaining green onions. Bon appétit!

