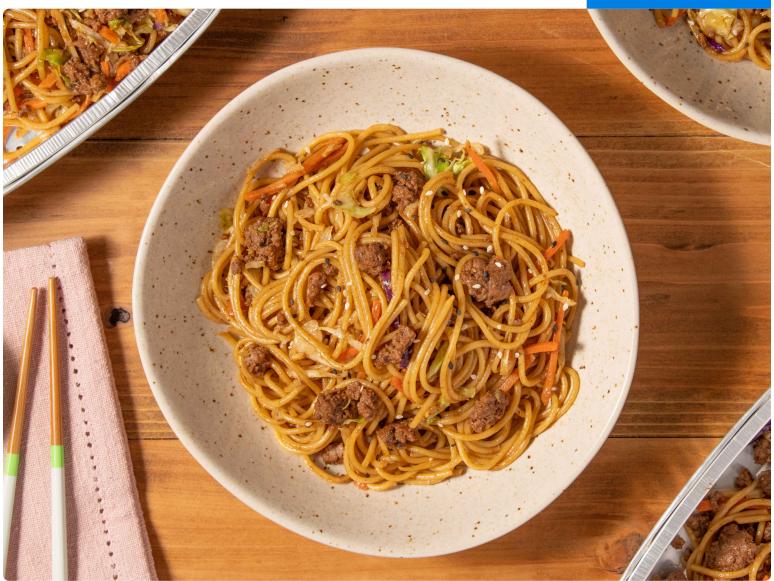


Garlic Sesame Beef Noodle Bowl

WITH CARROTS AND CABBAGE

Oven-Ready



Prep & Cook Time	Cook Within	
25-35 MIN	5 DAYS	
Difficulty Level	Spice Level	
EASY	NOT SPICY	

You Will Need Olive Oil, Salt

Microwave-Safe Bowl

Minimum Internal Protein Temperature

145°	Steak Pork	Lamb	Seafood
160°	Ground Beef	Ground Pork	
165°	Chicken	Ground Turkey	

Rest steak or pork after cooking, 3 minutes.

View nutritional information at www.homechef.com/21518

*Nutrition & allergen information varies based on menu selection and ingredient availability. Review protein and meal labels for updated information.

Processed in a facility that also processes peanut, tree nut, wheat, egg, soy, milk, fish, and shellfish ingredients.

Ingredients

16 oz. Ground Beef 1 tsp. Multicolor Sesame Seeds 3 oz. Matchstick Carrots 16 oz. Cooked Asian Noodles 1 tsp. Cornstarch 2 tsp. Chopped Garlic 8 fl. oz. Garlic Sesame Sauce 1tsp. Minced Ginger 8 oz. Slaw Mix

If you received different ingredients, we may have sent a substitute. Not to worry! Check your email for updated instructions.

Before You Cook

All cook times are approximate based on testing.



1. Start the Ground Beef and Vegetables

- Turn oven on to 425 degrees. Let preheat, at least 10 minutes. Thoroughly rinse any fresh produce and pat dry.
- Place ground beef in one provided tray and break up into small pieces. Spread into an even layer.
- In second provided tray, combine carrots, slaw mix, 1/4 tsp. salt, and 2 tsp. olive oil. Spread into an even layer.
- Bake both trays uncovered in hot oven, 15 minutes.



2. Finish the Ground Beef and Vegetables

- Carefully remove ground beef tray from oven and drain excess grease. Stir in $\frac{1}{4}$ tsp. salt, garlic, ginger, cornstarch, and garlic sesame sauce.
- Bake both trays again uncovered in hot oven until vegetables are tender, sauce is slightly thickened, and beef reaches a minimum internal temperature of 160 degrees, 5-10 minutes.



3. Add Noodles and Finish Meal

- Combine noodles, 1 Tbsp. water, and 1 tsp. olive oil in a microwavesafe bowl. Cover with a damp paper towel. Microwave covered until heated through, 1-2 minutes.
- Carefully remove trays from oven and bowl from microwave. Divide vegetables and beef evenly between both trays. Divide noodles evenly between both trays and stir to combine.
- To serve, garnish with sesame seeds. Bon appétit!

