

# **Baked Honey Dijon Chicken**

WITH WHITE CHEDDAR POTATOES AND BACON GREEN BEANS

Classic



Prep & Cook Time	:
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35-45 MIN	:
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**Difficulty Level** 

**EASY** 

Cook Within 5 DAYS

Spice Level
NOT SPICY

# You Will Need

Olive Oil, Salt, Pepper, Cooking Spray 2 Baking Sheets, Mixing Bowl, Large Non-Stick Pan

#### Minimum Internal Protein Temperature

145°	Steak	Pork	Lamb	Seafood	
160°	Ground Beef		Ground Pork		
165°	Chicken		Ground Turkey		

Rest steak or pork after cooking, 3 minutes.

# View nutritional information at www.homechef.com/21204

\*Nutrition & allergen information varies based on menu selection and ingredient availability. Review protein and meal labels for updated information.

Processed in a facility that also processes peanut, tree nut, wheat, egg, soy, milk, fish, sesame, and shellfish ingredients.

# Ingredients

12 oz. Boneless Skinless Chicken Breasts

1/4 oz. Dijon Mustard

.3 oz. Butter

1/2 fl. oz. Honey

1 tsp. Grained Dijon Mustard

1 oz. Shredded White Cheddar Cheese

12 oz. Yukon Potatoes

 $1/4~{\rm cup}~{\rm Panko}~{\rm Breadcrumbs}$ 

6 oz. Trimmed Green Beans

1/2 oz. Crumbled Bacon

### **Customize It Options**

12 oz. Boneless Pork Chops

12 oz. Sirloin Steaks

12 oz. Salmon Fillets

12 oz. Antibiotic-Free Boneless Skinless Chicken Breasts

If you received different ingredients, we may have sent a substitute. Not to worry! Check your email for updated instructions.

#### Before You Cook

All cook times are approximate based on testing.

- If using any fresh produce, thoroughly rinse and pat dry
- Turn oven on to 425 degrees. Let preheat, at least 10 minutes
- · Prepare two baking sheets with foil and cooking spray

#### **Customize It Instructions**

- If using pork chops, follow same instructions as chicken in Step 2, cooking until browned on one side, 3-4 minutes, then roasting until pork reaches minimum internal temperature 10-12 minutes. Rest, 3 minutes. Pork thickness can vary; if you receive a thinner chop, we recommend checking for doneness sooner.
- If using salmon fillets, pat dry and season flesh side with a pinch of pepper. Follow same instructions as chicken in Step 2, cooking, skin side up, until browned, 2-4 minutes, then roasting until salmon reaches minimum internal temperature, 6-8 minutes.
- If using **sirloin steaks**, follow same instructions as chicken in Step 2, cooking until browned on one side, 2-3 minutes, then roasting until steaks reach minimum internal temperature, 10-12 minutes. Rest, 3 minutes. Steak thickness can vary; if you receive a thinner steak, we recommend checking for doneness sooner.



#### 2. Cook the Chicken

- Pat chicken dry, and season with a pinch of pepper.
- Place a large non-stick pan over medium heat. Add 1 tsp. olive oil and chicken to hot pan. Cook undisturbed until browned on one side, 2-3 minutes.
- Transfer chicken, seared side up, to second prepared baking sheet. Wipe pan clean and reserve.
- Roast in hot oven until chicken reaches a minimum internal temperature of 165 degrees, 10-12 minutes.
- While chicken roasts, continue recipe.



#### 4. Make the Sauce

• In a mixing bowl, combine both mustards (Dijon and grained Dijon), honey, and a pinch of salt. Set aside.



#### 1. Roast the Potatoes

- Slice potatoes into 1/4" rounds.
- Place potatoes on one prepared baking sheet and toss with 2 tsp. olive oil, panko, 1/4 tsp. salt, and a pinch of pepper. Massage oil, panko, salt, and pepper into potatoes.
- Spread into a single layer and top with cheese. Roast in hot oven until golden brown and fork-tender, 16-20 minutes.
- While potatoes roast, continue recipe.



#### 3. Cook the Green Beans

- Return pan used to cook chicken to medium-high heat and add 2 tsp. olive oil. Add green beans and bacon and cook, 1 minute.
- Add 1/4 cup water, 1/4 tsp. salt, and a pinch of pepper. Cover, and stir occasionally until tender, 6-8 minutes.
- If green beans need more time, add 2 Tbsp. water and stir occasionally, 1-3
- Remove from burner. Stir in butter.



#### 5. Finish the Dish

• Plate dish as pictured on front of card, topping chicken with sauce. Bon appétit!

