

### Pineapple Upside Down Cake

WITH CARAMELIZED PINEAPPLE TOPPING

View nutritional information at:  
[www.homechef.com/20131](http://www.homechef.com/20131)



COOK  
WITHIN  
**3**  
DAYS

#### Cake Instructions

- Refrigerate or freeze until use.
- Remove **cake** from refrigerator or freezer and remove outer plastic wrap.
- **If heating from frozen:**
  - If using microwave: Keep cake in original container and microwave until center is warm, 45-60 seconds. Carefully remove from microwave. Rest in container, 1 minute. Bon appétit!
  - If using oven: Preheat oven to 350 degrees. Keep cake in original container. Place directly on rack in hot oven and bake until center is warm, 10-15 minutes. Carefully remove from oven. Rest in container, 1 minute. Bon appétit!
- **If heating from thawed:**
  - If using microwave: Keep cake in original container and microwave until center is warm, 30-45 seconds. Carefully remove from microwave. Rest in container, 1 minute. Bon appétit!
  - If using oven: Preheat oven to 350 degrees. Keep cake in original container. Place directly on rack in hot oven and bake until center is warm, 8-10 minutes. Carefully remove from oven. Rest in container, 1 minute. Bon appétit!

### Belgian Waffles

2 WAFFLES WITH SWEET PEARL SUGAR

View nutritional information at:  
[www.homechef.com/20938](http://www.homechef.com/20938)



COOK  
WITHIN  
**3**  
DAYS

#### Waffle Instructions

- Refrigerate until use. If frozen, thaw in refrigerator, 60 minutes.
- If serving cold: Unwrap **waffles** from packaging. Bon appétit!
- If using microwave: Unwrap waffles from packaging. Place waffles on microwave-safe plate and microwave until warmed through, 45 seconds. Remove from microwave. Bon appétit!
- If using oven: Preheat oven to 300 degrees. Unwrap waffles from packaging. Place waffles on a baking sheet and bake uncovered in hot oven until warmed through, 90 seconds. Remove from oven. Bon appétit!

### Mini Sausage, Egg & Cheese Sandwich

2 MINI BREAKFAST SANDWICHES

View nutritional information at:  
[www.homechef.com/20095](http://www.homechef.com/20095)



COOK  
WITHIN  
**3**  
DAYS

#### Sandwich Instructions

- Refrigerate or freeze until use.
- If frozen: Thaw **sandwich**. Open one end of packaging, leaving sandwich inside packaging. Place on microwave-safe plate and microwave until warmed through, 45-50 seconds. Carefully remove from packaging. Bon appétit!
- If thawed: Open one end of packaging, leaving sandwich inside packaging. Place on microwave-safe plate and microwave until warmed through, 30-40 seconds. Carefully remove from packaging. Bon appétit!

### Apple Cinnamon Oatmeal Bites

WITH STEEL-CUT OATS

View nutritional information at:  
[www.homechef.com/19997](http://www.homechef.com/19997)



COOK  
WITHIN  
**3**  
DAYS

#### Oatmeal Bites Instructions

- Freeze until use.
- Preheat oven to 400 degrees. Remove **oatmeal bites** from packaging.
- **If frozen:** Place oatmeal bites on a baking sheet and bake in hot oven until heated through, 13-15 minutes.
- **If thawed:** Place oatmeal bites on a baking sheet and bake in hot oven until heated through, 6-7 minutes.
- Carefully remove from oven and rest, 1-2 minutes. Bon appétit!

### Tangerine Crunch Chopped Salad & Chicken

WITH 2 READY-TO-COOK CHICKEN BREASTS

View nutritional information at:  
[www.homechef.com/20153](http://www.homechef.com/20153)



COOK  
WITHIN  
**3**  
DAYS

#### Chicken Instructions

- Pat **chicken** dry. We recommend seasoning both sides with ¼ tsp. **salt** and a pinch of **pepper**.
- Use a large non-stick pan with 2 tsp. **olive oil** over medium heat and cook to a minimum internal temperature of 165 degrees, 5-7 minutes per side.
- For grilling, follow same instructions, heating grill to medium heat and spraying with cooking spray.

#### Salad Instructions

- Refrigerate until use.
- Remove all **salad** ingredients from packaging and gently toss with **dressing** to combine.
- Once cool enough to handle, slice chicken into 1/2" slices, if desired, and top salad with chicken. Bon appétit!

### Spinach & Artichoke Pizza and Tangerine Crunch Chopped Salad

WITH TOASTED QUINOA AND TANGERINE VINAIGRETTE

View nutritional information at:  
[www.homechef.com/21213](http://www.homechef.com/21213)



COOK  
WITHIN  
**3**  
DAYS

#### Salad Instructions

- Refrigerate until use.
- Remove all **salad** ingredients from packaging and gently toss with **dressing** to combine. Bon appétit!

#### Pizza Instructions

- Refrigerate until use. If frozen, thaw in refrigerator.
- Move oven rack to middle position. Preheat oven to 375 degrees. Remove **pizza** from refrigerator and remove plastic.
- Place pizza directly on middle rack in hot oven and bake until heated through, 18-20 minutes.
- Carefully remove from oven. Rest, 3 minutes. Bon appétit!

### Sourdough Demi-Loaf and Tangerine Crunch Chopped Salad

WITH TOASTED QUINOA AND TANGERINE VINAIGRETTE

View nutritional information at:  
[www.homechef.com/21241](http://www.homechef.com/21241)



COOK  
WITHIN  
**3**  
DAYS

#### Sourdough Demi-Loaf Instructions

- Refrigerate until use.
- Preheat oven to 400 degrees. Remove **bread** from packaging. Place bread directly on oven rack in hot oven and bake until heated through, 10-12 minutes.
- Carefully remove from oven. Bon appétit!

#### Salad Instructions

- Refrigerate until use.
- Remove all **salad** ingredients from packaging and gently toss with **dressing** to combine. Bon appétit!

### Lemon Cake Slices

TWO SLICES WITH RICH LEMON ICING

View nutritional information at:  
[www.homechef.com/21214](http://www.homechef.com/21214)



COOK  
WITHIN  
**3**  
DAYS

#### Lemon Cake Instructions

- Refrigerate until use. *If frozen, thaw in refrigerator.*
- Unwrap **cake** from packaging. Bon appétit!

### Salted Caramel Truffle Cheesecake

WITH CHOCOLATE COOKIE CRUST

View nutritional information at:  
[www.homechef.com/20339](http://www.homechef.com/20339)



COOK  
WITHIN  
**3**  
DAYS

#### Cheesecake Instructions

- Keep refrigerated or frozen until use.
- If frozen, thaw in refrigerator, 4-6 hours.
- Once thawed, remove **cheesecake** from packaging. Bon appétit!

### Sourdough–Demi-Loaf

SIMPLY BAKE AND EAT

View nutritional information at:  
[www.homechef.com/20117](http://www.homechef.com/20117)



COOK  
WITHIN  
**3**  
DAYS

#### Sourdough Demi-Loaf Instructions

- Refrigerate until use.
- Preheat oven to 400 degrees. Remove **bread** from packaging. Place bread directly on oven rack in hot oven and bake until heated through, 10-12 minutes.
- Carefully remove from oven. Bon appétit!

### Vanilla Draft Latte

2 CANNED COLD BREW LATTES

View nutritional information at:  
[www.homechef.com/21210](http://www.homechef.com/21210)



COOK  
WITHIN  
**3**  
DAYS

#### Latte Instructions

- Keep refrigerated for best flavor quality. Do not shake can before opening. Bon appétit!

### Cinnamon Bread Slice

WITH SMOOTH CINNAMON ICING

View nutritional information at:  
[www.homechef.com/20121](http://www.homechef.com/20121)



COOK  
WITHIN  
**3**  
DAYS

#### Cinnamon Bread Slice Instructions

- Refrigerate until use. *If frozen, thaw in refrigerator.*
- Unwrap **bread** from packaging. Bon appétit!

### Mac & Cheese Crunch Rolls

WITH CREAMY FOUR CHEESE MAC & CHEESE FILLING

View nutritional information at:  
[www.homechef.com/21212](http://www.homechef.com/21212)



COOK  
WITHIN  
**3**  
DAYS

#### Crunch Roll Instructions

- Freeze until use.
- Preheat oven to 400 degrees. Remove **rolls** from packaging. Prepare a baking sheet with foil and **cooking spray**. Place rolls on prepared baking sheet. Bake in hot oven until heated through, 18-20 minutes.
- Carefully remove from oven. Let rest, 1 minute.
- Bon appétit!

### Spinach & Artichoke Pizza

APPETIZER-STYLE FLATBREAD

View nutritional information at:  
[www.homechef.com/20123](http://www.homechef.com/20123)



COOK  
WITHIN  
**3**  
DAYS

#### Pizza Instructions

- Refrigerate until use. *If frozen, thaw in refrigerator.*
- Move oven rack to middle position. Preheat oven to 375 degrees. Remove **pizza** from refrigerator and remove plastic.
- Place pizza directly on middle rack in hot oven and bake until heated through, 18-20 minutes.
- Carefully remove from oven. Rest, 3 minutes. Bon appétit!

### Tangerine Crunch Chopped Salad

WITH TOASTED QUINOA AND TANGERINE VINAIGRETTE

View nutritional information at:  
[www.homechef.com/20152](http://www.homechef.com/20152)



COOK  
WITHIN  
**3**  
DAYS

#### Salad Instructions

- Refrigerate until use.
- Remove all **salad** ingredients from packaging and gently toss with **dressing** to combine. Bon appétit!