

Fast & Fresh

# In your box

- 1 tsp. Chimichurri Seasoning
- 1 oz. Feta Cheese Crumbles
- 8 oz. Fully Cooked Pulled Chicken Breast
- 1/2 oz. Spring Mix
- 1 oz. Sour Cream
- 4 oz. Grape Tomatoes
- 4 oz. Sliced Red Onion
- 4 Mini Naan Flatbreads

If you received different ingredients, we may have sent a substitute. Not to worry! Check your email for updated instructions.

#### You will need

Olive Oil, Pepper

Mixing Bowl

# Minimum Internal Protein Temperature

145°	Steak	Pork	Lamb	Seafood
160°	Ground Beef		Ground Pork	

165° Chicken Ground Turkey

Rest steak or pork after cooking, 3 minutes.

NUTRITION per serving–Calories: 620, Carbohydrates: 60g, Sugar: 12g, Fiber: 5g, Protein: 43g, Sodium: 1550mg, Fat: 21g, Saturated Fat: 8g



# Chicken and Feta Gyros

with grape tomatoes

Processed in a facility that also processes peanut, tree nut, wheat, egg, soy, milk, fish, and shellfish ingredients. \*Nutrition & allergen information varies based on menu selection and ingredient availability. Review protein and meal labels for updated information. Prep & Cook Time 15-20 min.

Cook Within

Difficulty Level

Spice Level

. 5 days Easy

Not Spicy

### Microwave

- Thoroughly rinse any fresh produce and pat dry.
- Add onions, tomatoes, 2 tsp. olive oil, and a pinch of pepper to provided tray in a single layer. Cover tray with a damp paper towel. Microwave until tomatoes burst and onions are tender, 4-6 minutes.
- While vegetables cook, drain and separate chicken into pieces. Carefully remove tray from microwave. Carefully press tomatoes to release juices, then stir in chicken and seasoning blend. Microwave again, uncovered, until heated through, 2-3 minutes.
- Carefully remove tray from microwave. In a mixing bowl, combine 1 tsp. water and sour cream.
- Wrap flatbreads in a damp paper towel and microwave until warmed through, 20-30 seconds.
- To serve, place chicken mixture in flatbreads and top with sour cream mixture, cheese, and spring mix. Bon appétit!

### Oven

- Turn oven on to 375 degrees. Let preheat, at least 10 minutes. Thoroughly rinse any fresh produce and pat dry.
- Add onions, tomatoes, 2 tsp. olive oil, and a pinch of pepper to provided tray in a single layer. Place tray on a baking sheet. Bake uncovered in hot oven until tomatoes burst and onions are tender, 10-12 minutes.
- While vegetables cook, drain and separate chicken into pieces. Carefully remove tray from oven. Carefully press tomatoes to release juices. Stir in chicken and seasoning blend. Place again on baking sheet. Bake uncovered in hot oven until heated through, 8-10 minutes.
- Place flatbreads directly on oven rack and heat until warmed through, 2-3 minutes.
- Carefully remove tray and flatbreads from oven. In a mixing bowl, combine sour cream and 1 tsp. water.
- To serve, place chicken mixture in flatbreads and top with sour cream mixture, cheese, and spring mix. Bon appétit!